

A lower bound on the mass of dark matter















mass of dark matter "particle"?

particle mass?

$\rho_{\rm dm} = m \times n_{\rm dm} = m \times n_{\rm dm}$



$\rho_{\rm dm} \sim 0.3 \, {\rm GeV \, cm^{-3}}$

astrophysics cares about mass density

limits on dark matter particle mass



See PDG for more







$$\mathcal{N} \lambda_{dB}^{3} \sim 10^{23} \left(\frac{10^{-5} eV}{m}\right)^{4} \sim 10^{43} \left(\frac{10^{-20} eV}{m}\right)^{4}$$

$$\lambda_{dB} \sim 10^{3} cm \left(\frac{10^{-5} eV}{m}\right) \left(\frac{10^{-3} c}{v}\right)$$

$$I pc \left(\frac{10^{-20} eV}{m}\right) \left(\frac{10^{-3} c}{v}\right)$$

$$Wave dynamics on macroscopic / attrophysical scales / MASS$$

$$MeV \quad GeV \qquad 10^{19} GeV \qquad MASS$$

limits on dark matter particle mass



$m \lesssim \text{few} M_{\odot}$

See PDG for more





A lower bound on dark matter mass

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Dark matter density dominated by sub-Hubble field modes $\implies m \gtrsim 10^{-19} \,\mathrm{eV}$



our argument

Dark matter density dominated by sub-Hubble field modes

1. [white-noise] excess in isocurvature density pert.

2. [free-streaming] suppression in adiabatic density pert.

1. and 2. not seen for $k < k_{\rm obs} \sim 10 \,{\rm Mpc}^{-1}$





 $m \gtrsim 10^{-19} \,\mathrm{eV}$

comparison with literature

$$\begin{split} m \gtrsim 2 \times 10^{-21} \,\mathrm{eV} & \Pi \\ m \gtrsim 3 \times 10^{-21} \,\mathrm{eV} & \Pi \\ m \gtrsim 3 \times 10^{-19} \,\mathrm{eV} & \Pi \\ m \gtrsim 4 \times 10^{-21} \,\mathrm{eV} & \Pi \\ m \gtrsim 10^{-19} \,\mathrm{eV} & \Pi \end{split}$$

*Above are model independent constraints, stronger constraints exist for particular models (Irsic, Xiao & McQuinn, 2020) We are being very conservative here by insisting on model independence. For some explicit models, similar arguments can lead to $m > 10^{-12} \text{ eV!}$

- Irsic et. al $(2017) Ly\alpha$
- Nadler et. al (2021) MW satellites
- Dalal & Kravtsov (2022) dynamical heating of stars
- Powell et. al (2023) lensing

MA & Mirbabayi (2022)



details

*to us, results were "intuitively convincing" but quantitative calculation is non-trivial *analytic calculation of density spectra, see appendix of MA & Mirbabayi (2022) *numerical simulations + self-interactions, MA & Ling (in progress)



average density from field

 $\rho \approx m^2 \varphi^2$ $arphi(t, oldsymbol{x})$

$$\bar{\rho}(t) \approx m^2 \int d\ln q \, \frac{q^3}{2\pi^2} P_{\varphi}(t,q)$$

$$\frac{q^3}{2\pi^2} P_{\varphi}(t,q)$$

power spectrum of field, peaked at k_* $a(t)H(t) \ll k_*$ holds for field produced after inflation $k_* \ll a(t)m$ eventually non-relativistic to be DM



light, but non-relativistic scalar field during rad. dom.

dark matter density close to matter radiation eq.



Note: no significant zero mode of the field

examples of models that can produce such spectra

inflationary gravitational particle production

- dark photon dark matter
- scalars with non-minimal coupling
- gravitational production minimal coupling

non-gravitational production after inflation

phase transitions

- axion-like fields (including QCD)

resonant/tachyonic energy transfer from fields, strings

- eg. dark photon dark matter

also works for thermal production, but nothing new there



Note: no significant zero mode of the field

density power spectrum (isocurvature)

$$P_{\delta}^{(\text{iso})}(t,k) \approx \frac{m^4}{\bar{\rho}^2(t)} \int d\ln q \, \frac{q^3}{2\pi^2} \left[P_{\varphi}(q,t) \right]^2 \equiv$$

independendent of k for $k \ll k_*$

 $k_{\rm wn}$ is defined by the above relation





*ignore gravitational potentials on these scales during radiation domination

density power spectrum (isocurvature)

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*ignore gravitational potentials on these scales during radiation domination



density power spectrum (adiabatic)

density perturbations in DM sourced by gravitational potentials in rad.







density power spectrum (adiabatic)







free streaming !







*initial conditions = inhomogeneous gaussian random field



with S. Ling (Rice)







*initial conditions = inhomogeneous gaussian random field



with S. Ling (Rice)





S. Ling



δ (averaged over an axis)







with S. Ling (Rice)



δ (averaged over an axis)





our argument — quantitative

Dark matter density dominated by sub-Hubble field modes

2. free-streaming suppression in adiabatic density pert.

1. and 2. not seen for $k < k_{obs} \sim 10 \,\mathrm{M}$

 $k_{\rm dev}, k_{\rm fs} \gtrsim k_{\rm obs}$



1. white-noise isocurvature excess in isocurvature density pert. $k_{\rm dev} \approx 10^{-3} k_*$ $k_{\rm fs}(t) \approx \frac{a^2 Hm}{k_* \ln(2am/k_*)}$

$$\int e.g. [Ly\alpha]$$

 $\sim 210^{-19} eV$

Note that we did not need to know $k_*!$







is our bound conservative?

$$\frac{q^3}{2\pi^2} P_{\varphi}(t,q) = A(t) \left[\left(\frac{q}{k_*} \right)^{\nu} \theta(k_* - k) + \left(\frac{k_*}{q} \right)^{\nu} \theta(k_* - k) \right]$$

$$m \ge \begin{cases} 4 \times 10^{-19} \,\text{eV} & \text{for} \quad \{\nu, \alpha\} = \{3, 3\}, \\ 1 \times 10^{-12} \,\text{eV} & \text{for} \quad \{\nu, \alpha\} = \{2, 1\}, \\ 2 \times 10^{-12} \,\text{eV} & \text{for} \quad \{\nu, \alpha\} = \{3, 1\}. \end{cases}$$

$$\frac{(k_*)^{\text{th}}}{(k_*)^{\text{non.th}}} \sim \sqrt{\frac{m_{\text{pl}}}{m}} \gg 1 \quad \Longrightarrow m \gtrsim 1$$



sharp UV fall off (our conservative choice)

gravitational produced dark photons (but better bounds exist) axion-like particles with strings (preliminary)

$few \times keV$ thermal warm DM bounds



"model independent" -- applies to all gravitationally interacting, non-relativistic fields (scalar, vector, tensor ...)



 $m_{\rm bound} \propto k_{\rm obs}^2 \Longrightarrow \text{look at MW satellites}$

$k_{\rm fs} \ll k_J \sim a \sqrt{mH} \Longrightarrow {\rm stronger \ bound}$

with Nadler and Wechsler

* For MW satellites, only suppression is well constrained we get constraints only on $z_{\rm nr} = m/k_*$





Dark matter density dominated by sub-Hubble field modes $\implies m \gtrsim 10^{-19} \,\mathrm{eV}$

bound good, detection better





extra small-scale structure

formation of mini-clusters/halos/solitons

some exciting phenomenology related to spin!

A Spin on Wave Dark Matter

with Jain	2109.0489
Jain, Zhang	2111.0870
Jain, Karur, Mocz	2203.1193
Jain	2211.0843
Long, Schiappacasse	2301.1147
Jain, Thomas, Wanischarungarung	2304.0198









spin and dark matter sub-structure

Phenomenology

- reduced interference



- growth of structure, nucleation time-scales



- polarized solitons, with macroscopic spin

Amana











