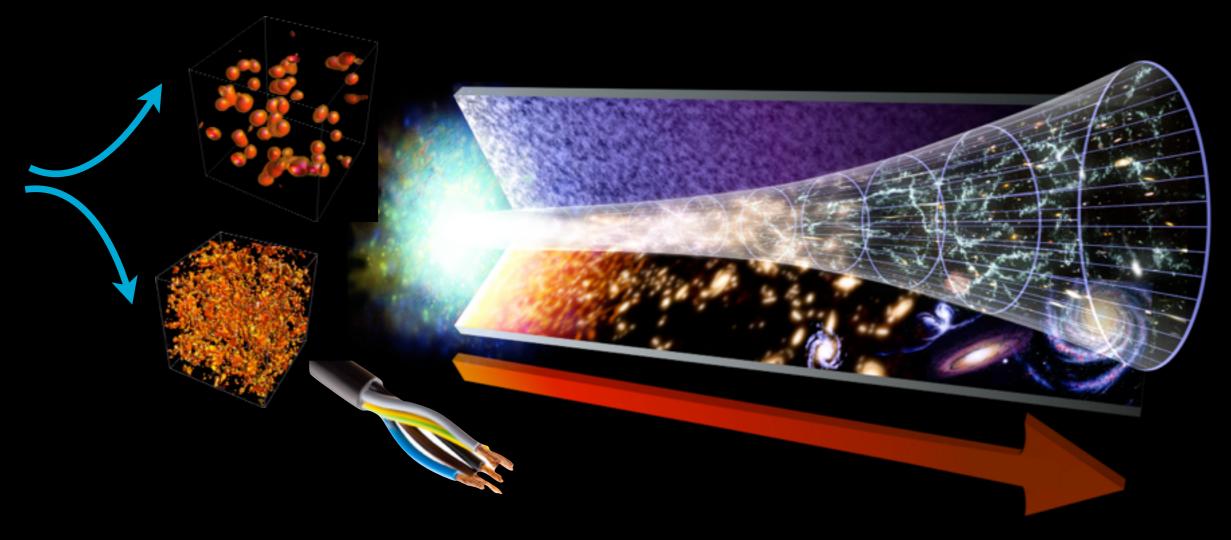
How did the hot big bang begin?





Outline

- our origins?
- inflation & reheating

- two approaches:
- 1. simple enough models general predictions
- 2. complex enough models new statistical approach

The Standard Big Bang Cosmology

lumpier

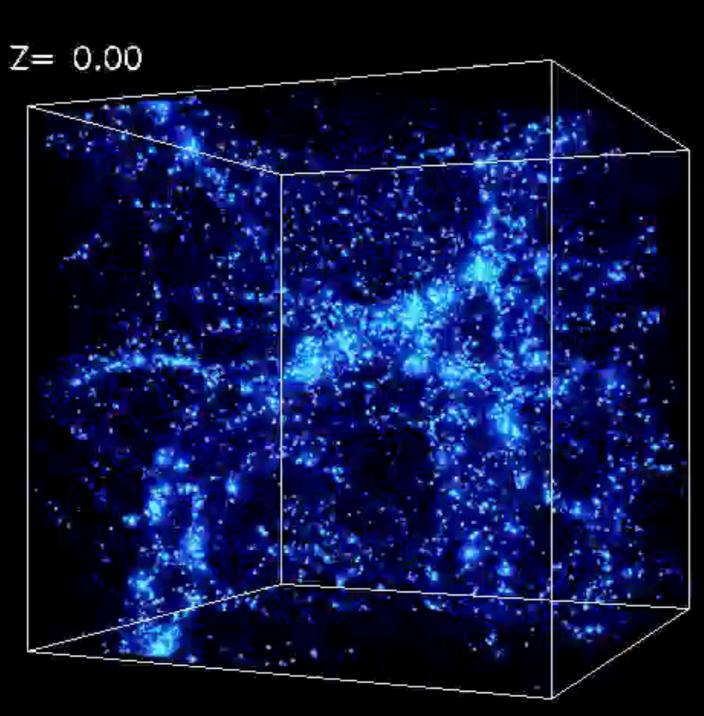


The Standard Big Bang Cosmology

lumpier

homogeneous

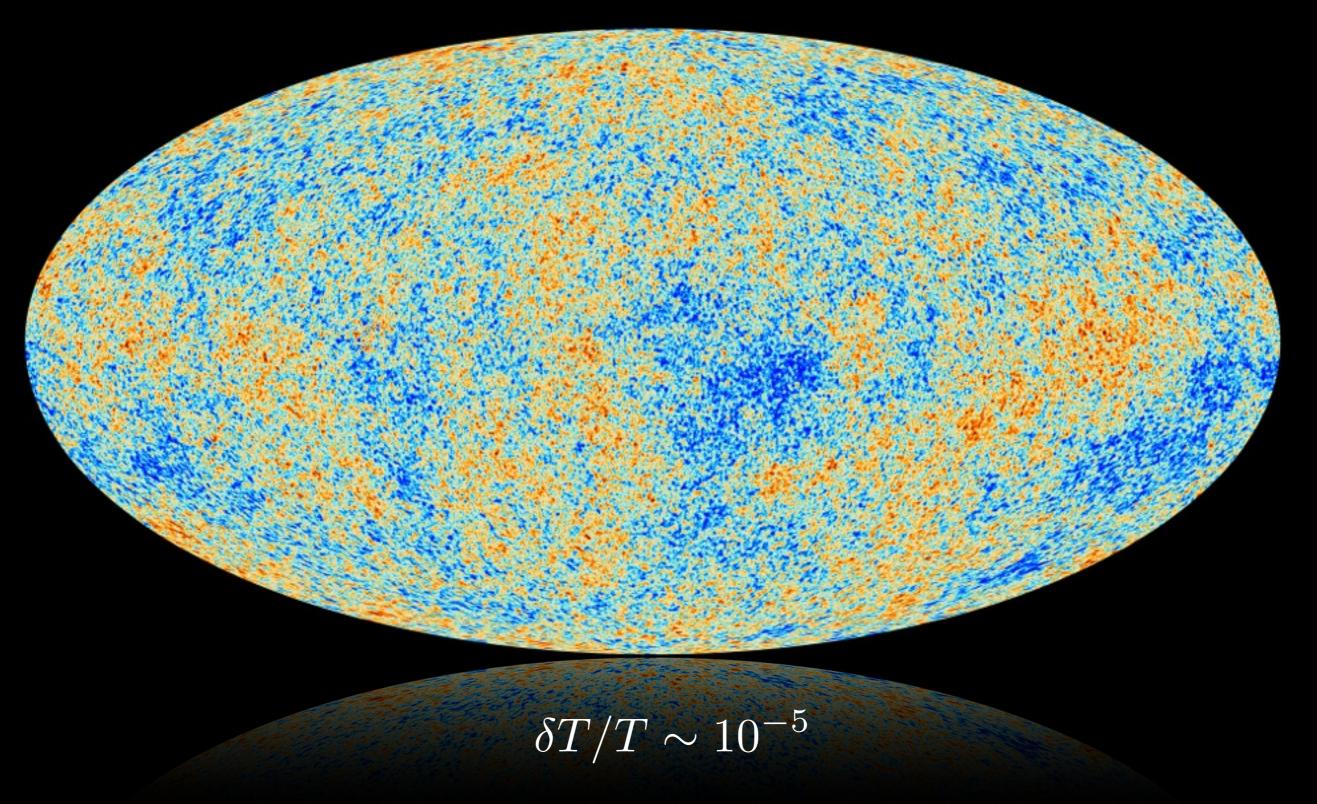




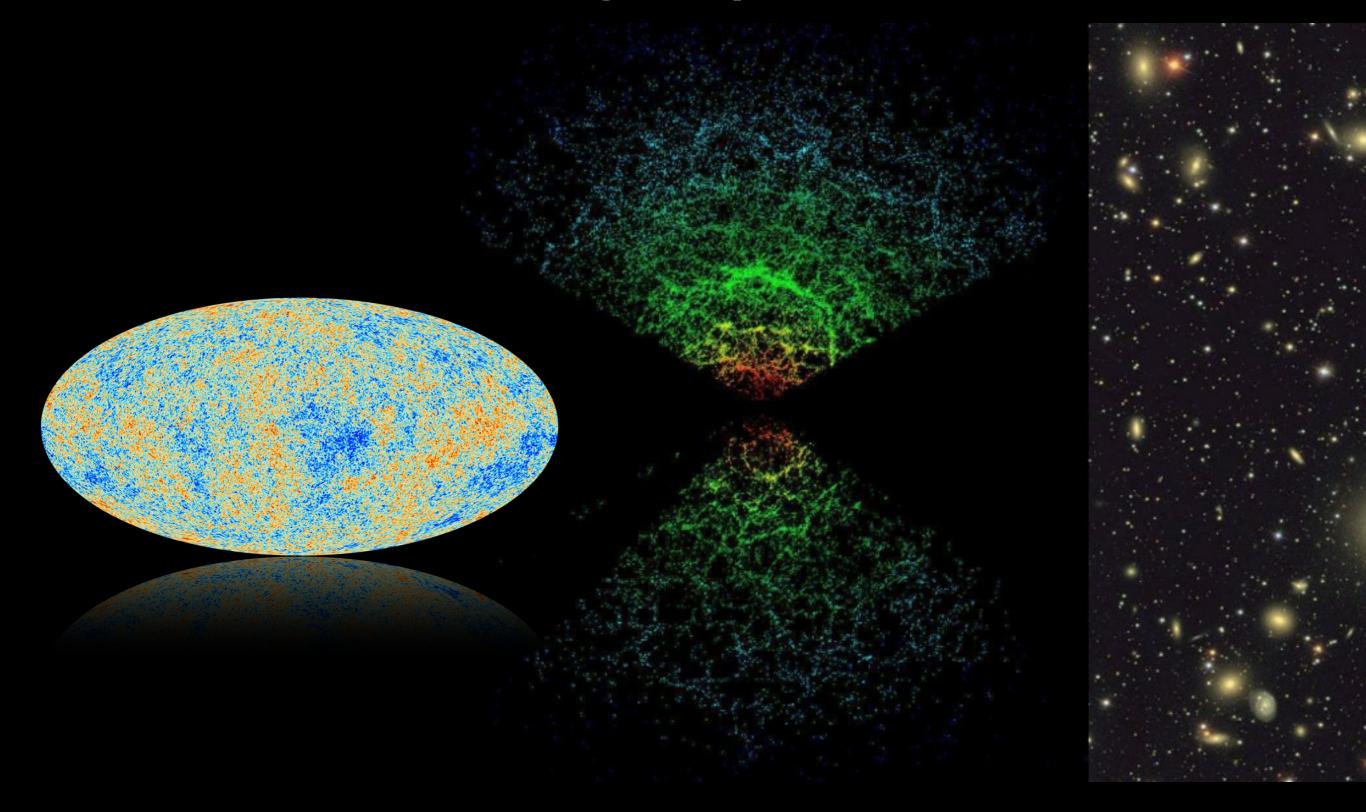


initial conditions for density perturbations?

CMB temperature anisotropies

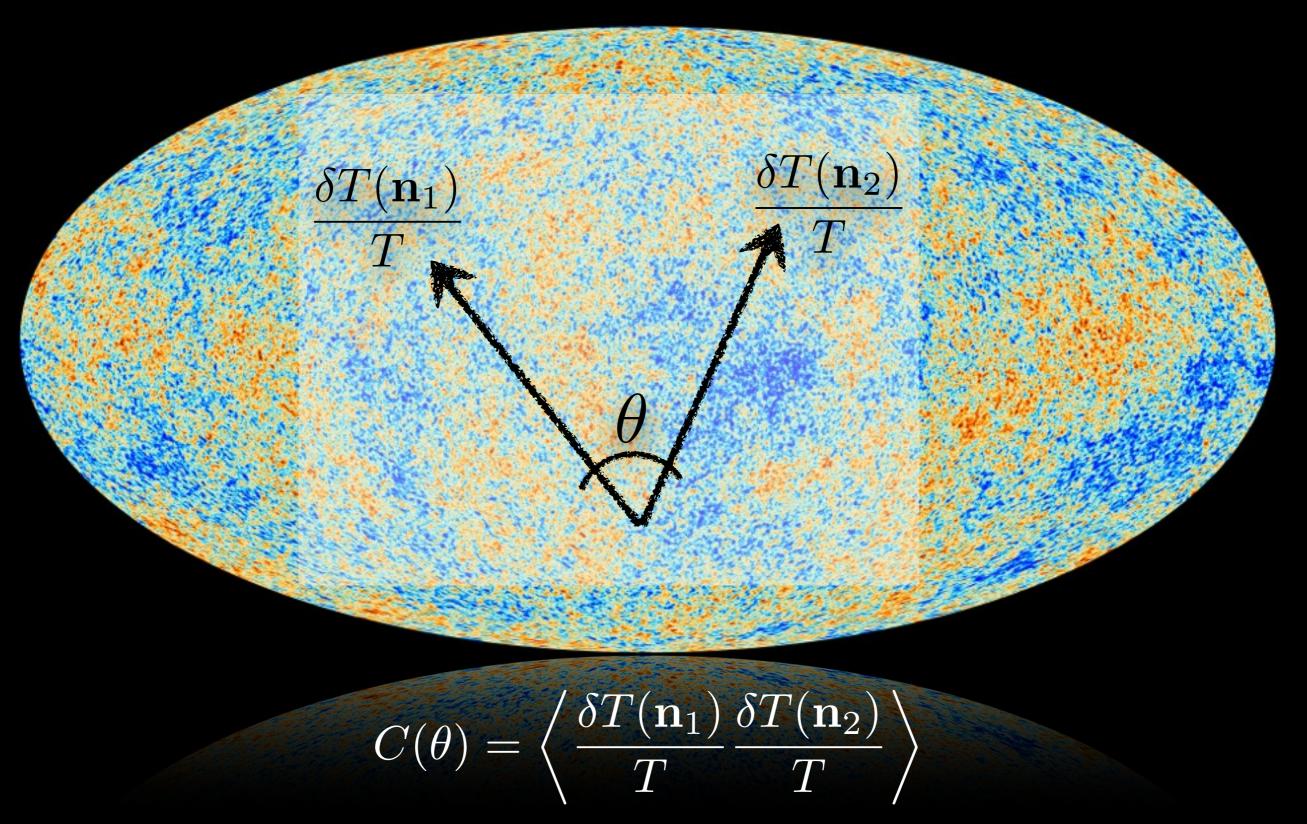


initial conditions — gravity — observed structure

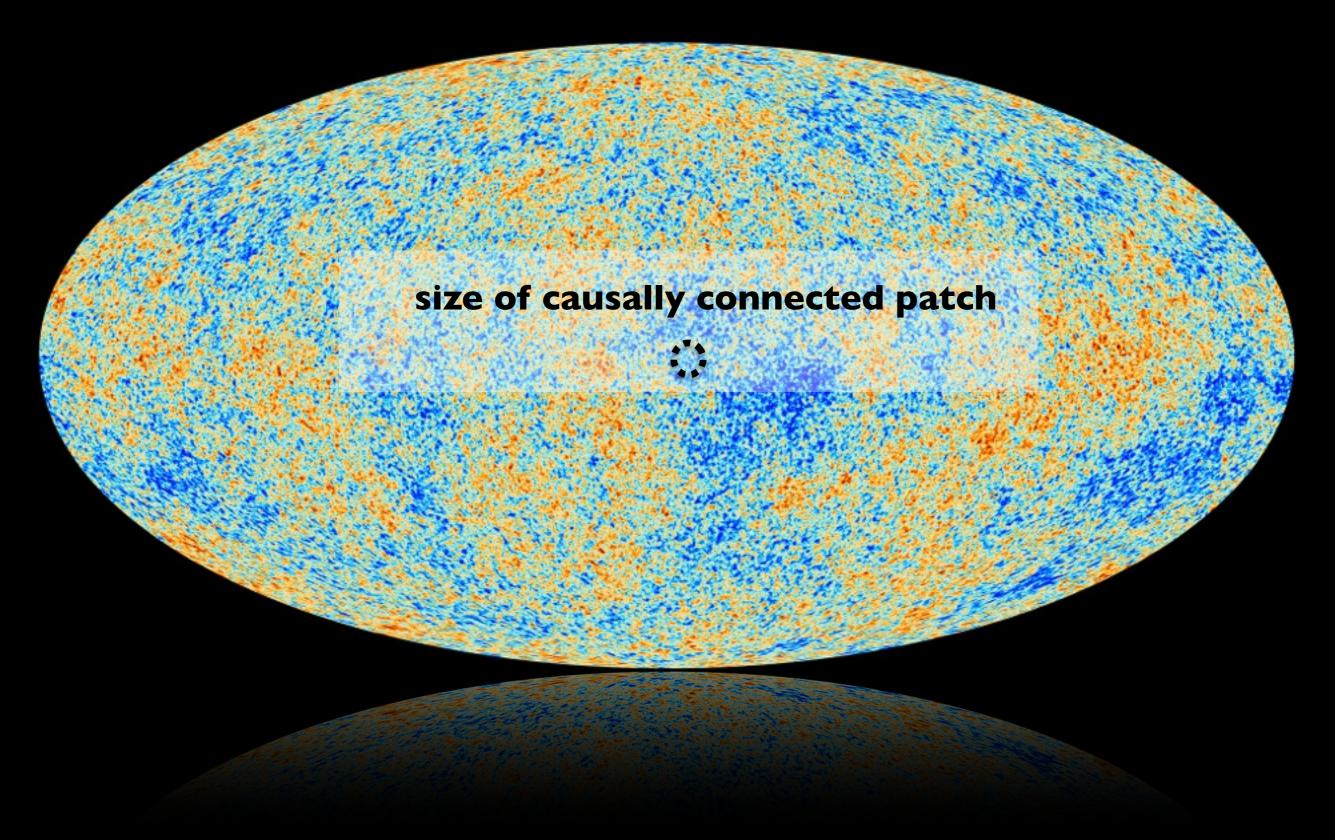


a conundrum ... and a solution

large angle correlations?

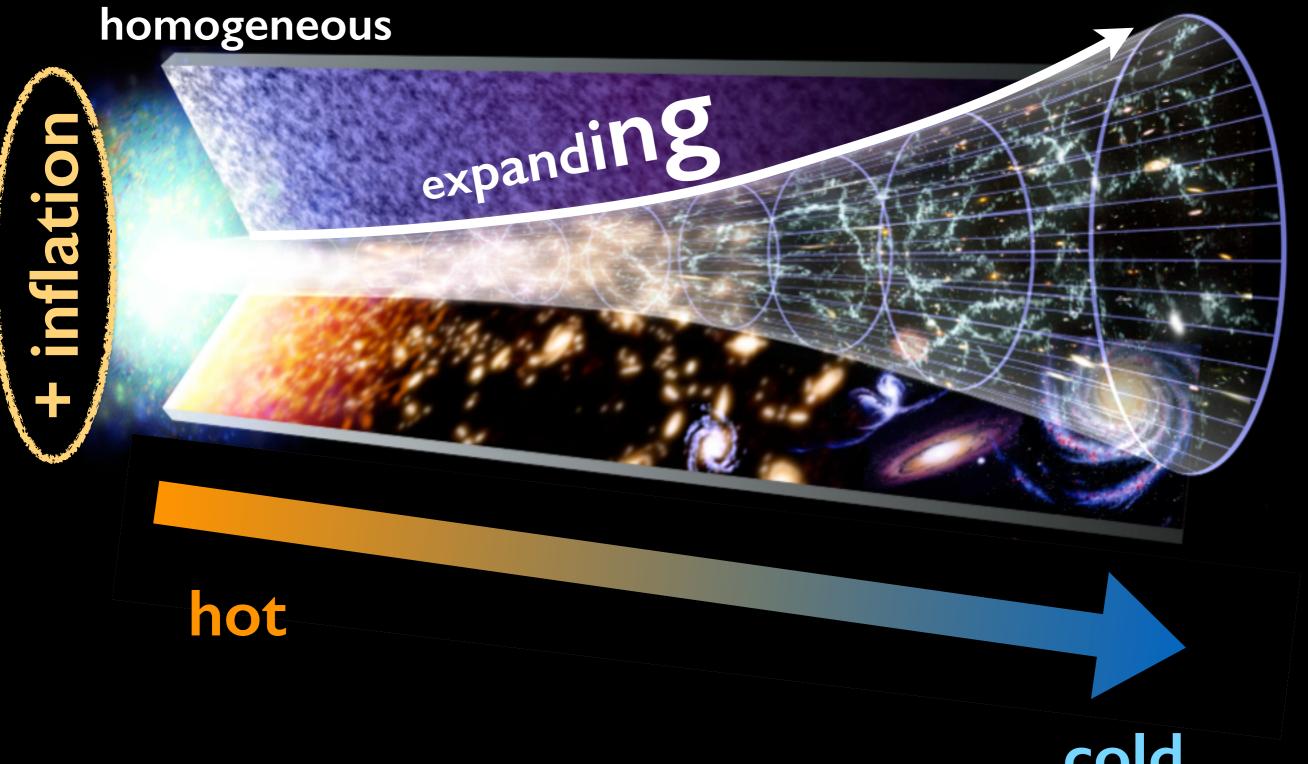


standard big bang cosmology



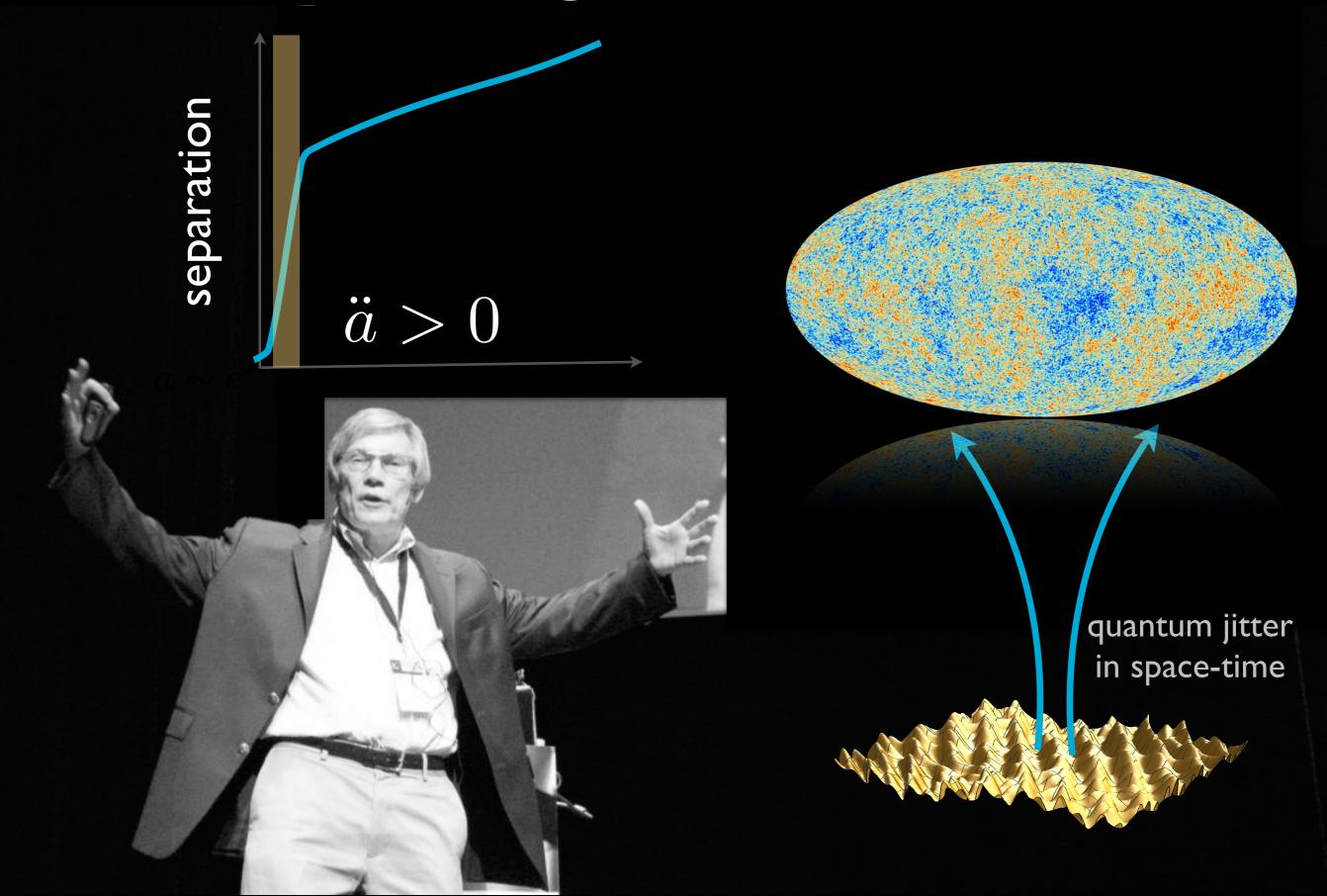
Inflationary Cosmology

lumpier

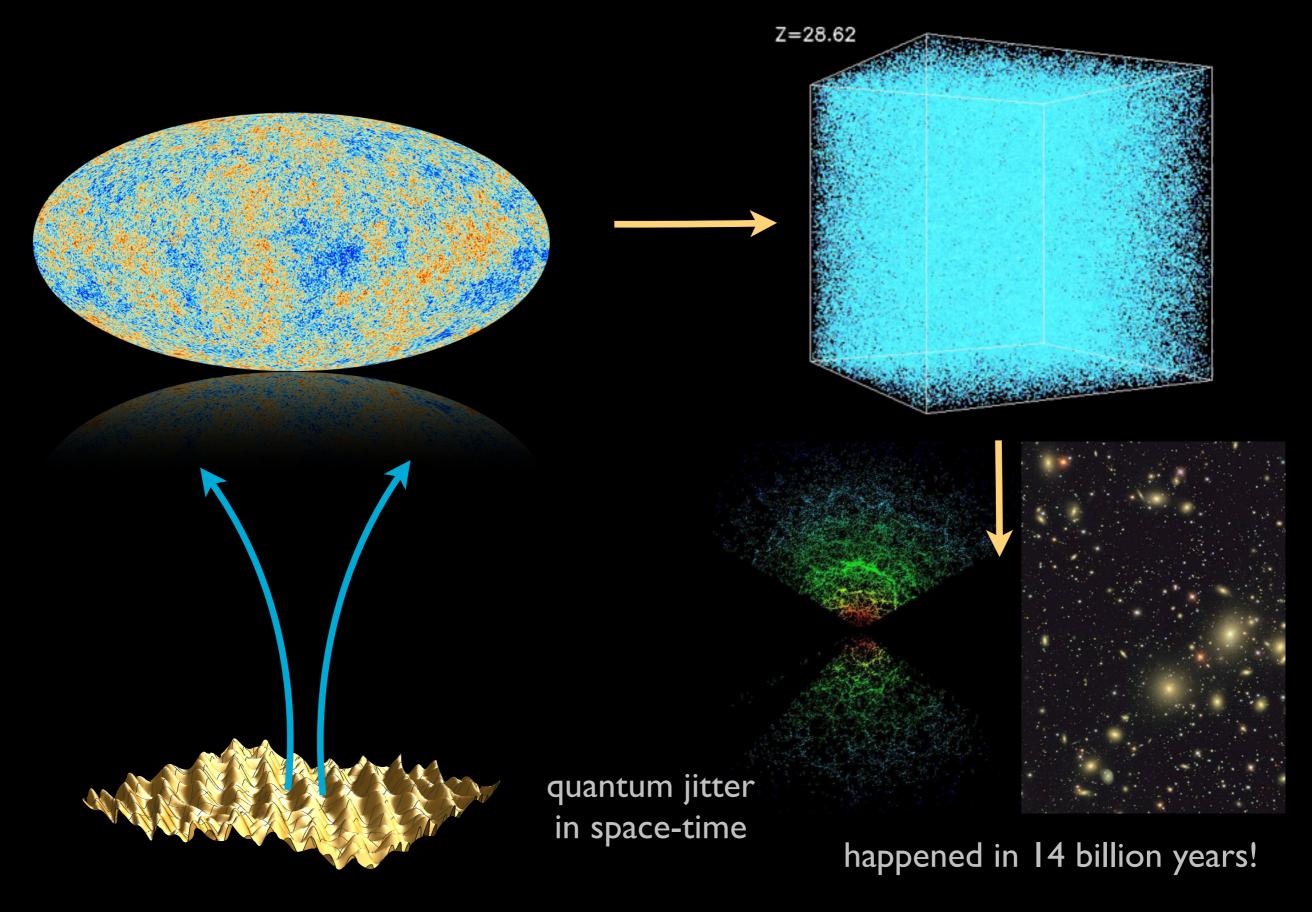


cold

inflation and long distance correlations



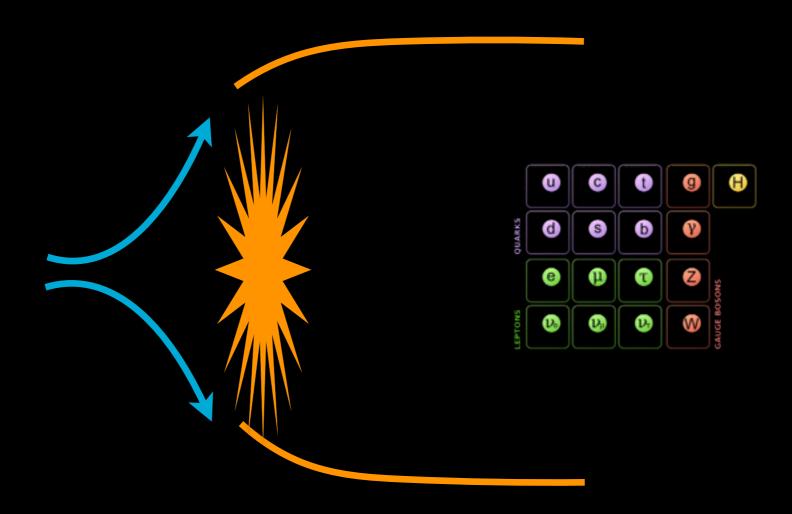
gravity — correlations in galaxies

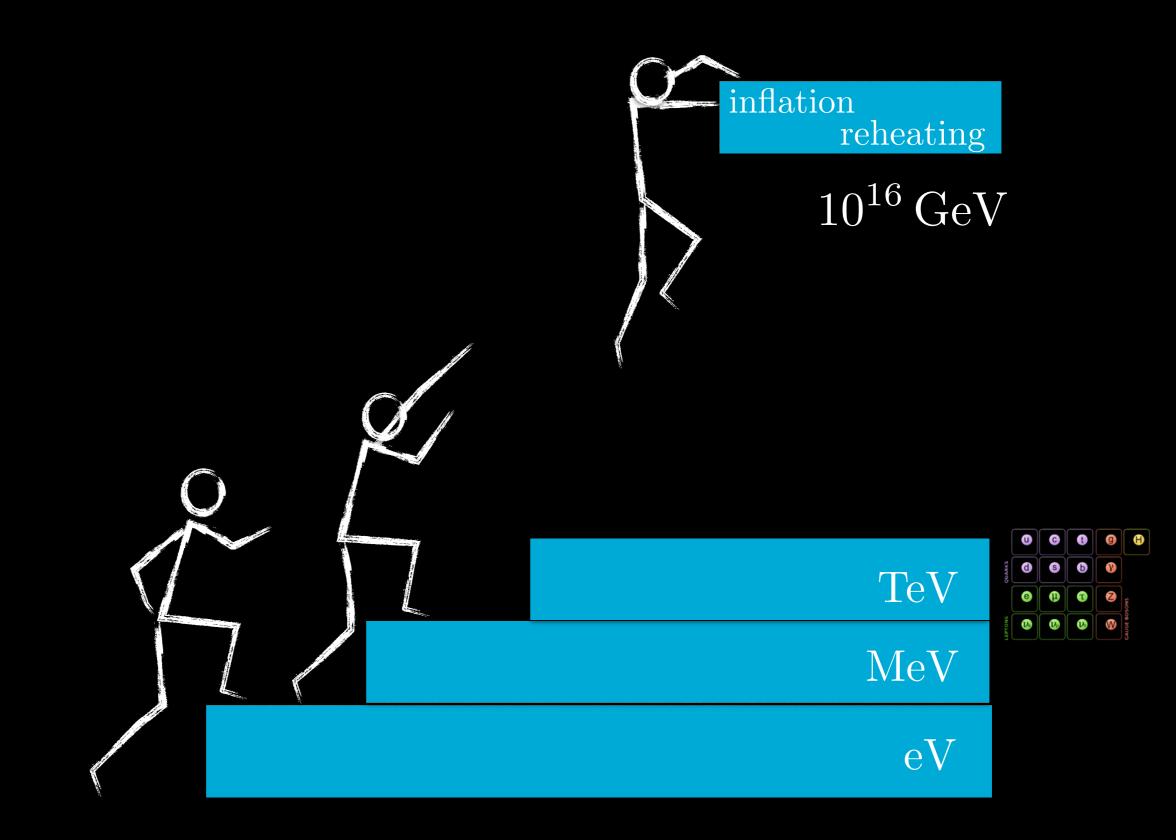


what is the physics of inflation?

• how did inflation end? (reheating)

• Standard model? (or an UV complete theory)





two approaches

SIMPLE enough

COMPLEX enough

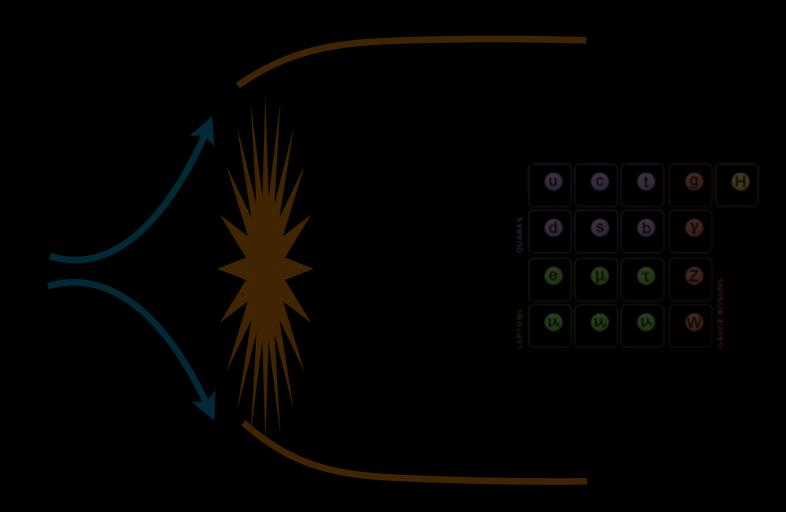
1. Simple models

& their general phenomenology

• what drives inflation?

how did inflation end?

• Standard model?



a scalar field drives inflation

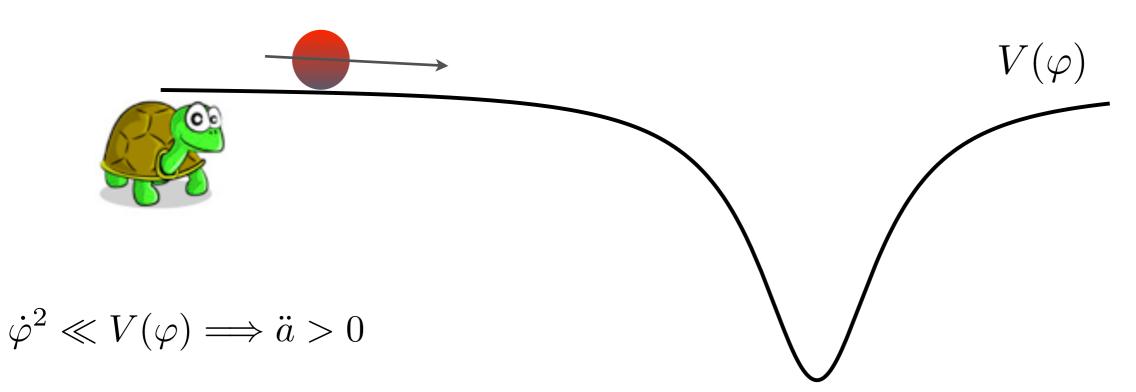
$$\varphi(t, \mathbf{x})$$

Lagrangian:
$$\mathcal{L} = \frac{1}{2} (\partial \varphi)^2 - V(\varphi)$$

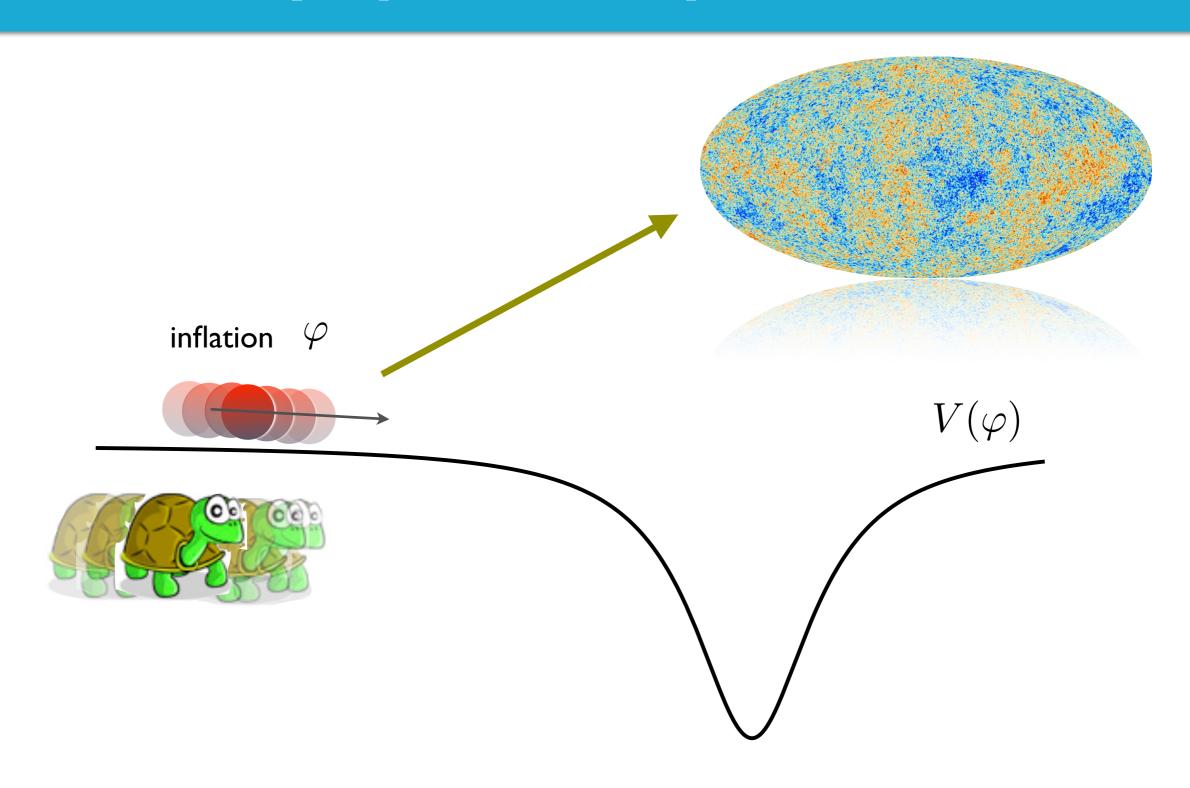
scalar field driven inflation

$$\frac{\ddot{a}}{a} = -\frac{1}{3m_{\rm pl}^2} (\dot{\varphi}^2 - V(\varphi))$$

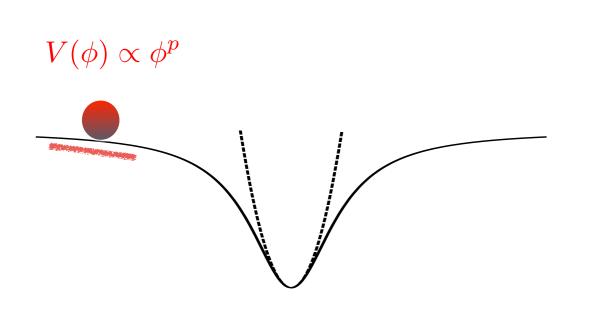


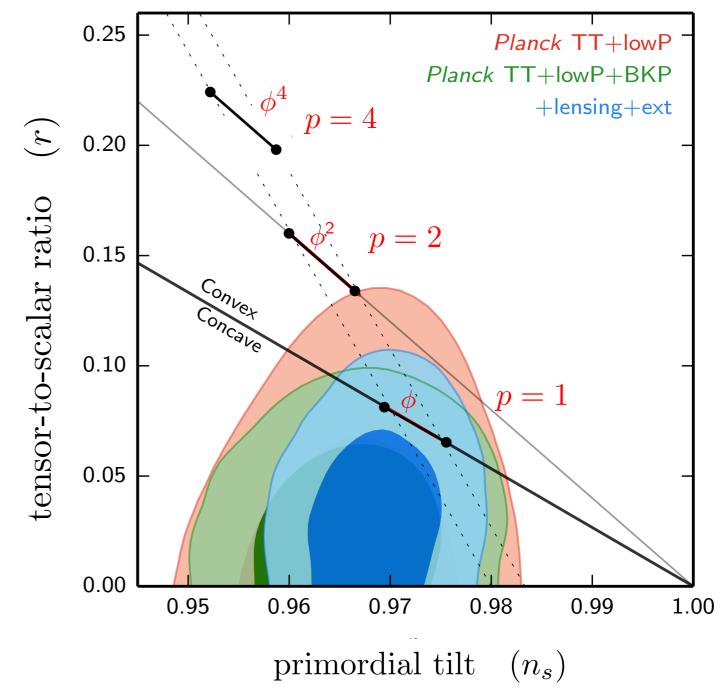


inflationary quantum perturbations



constraints from observations





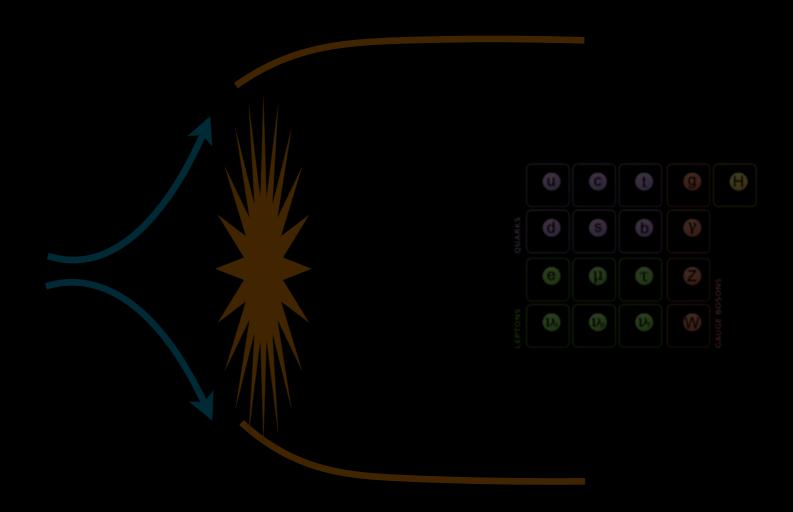
 $\mathcal{P}_{\rm inf}(k) \propto k^{n_s-1}$

for example:

Silverstein & Westhpal (2008) McAllister et. al (2014) Kallosh & Linde (2014) • what drives inflation?

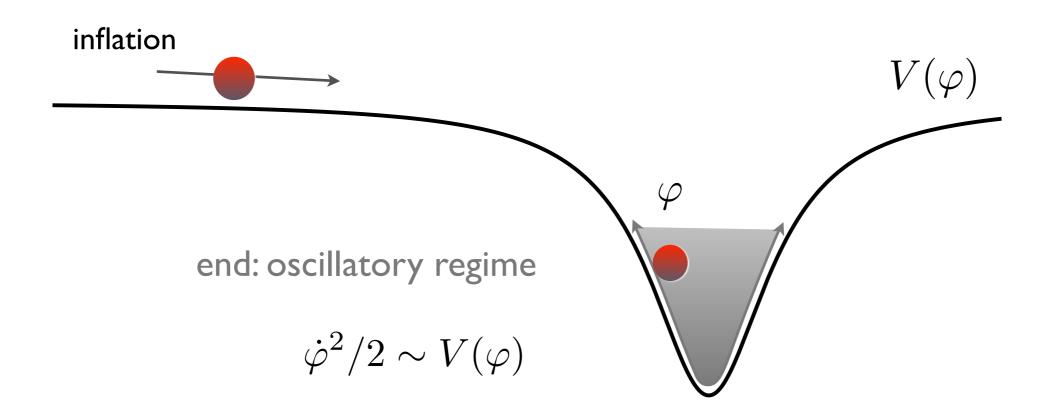
how did inflation end?

Standard model?

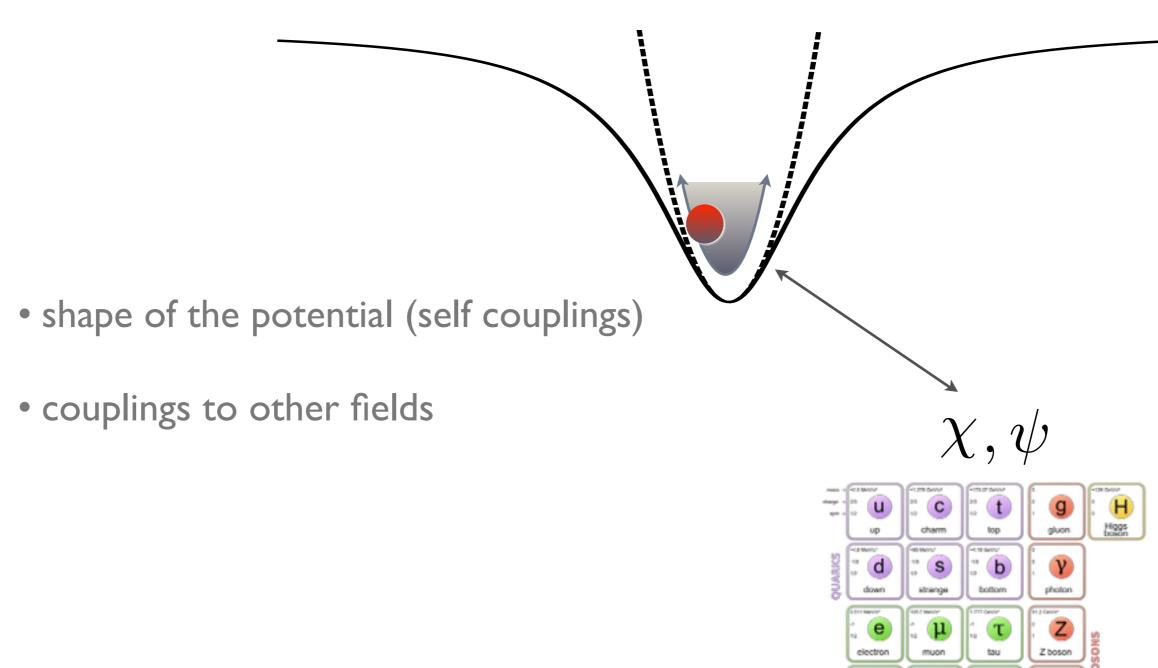


ending inflation

$$\frac{\ddot{a}}{a} = -\frac{1}{3m_{\rm pl}^2} (\dot{\varphi}^2 - V(\varphi))$$



energy transfer: "reheating"



for example: Kofman, Linde & Starobinsky (1994) review: MA, Kaiser, Karouby & Hertzberg (2014)

end of inflation in "simple" models

for example:

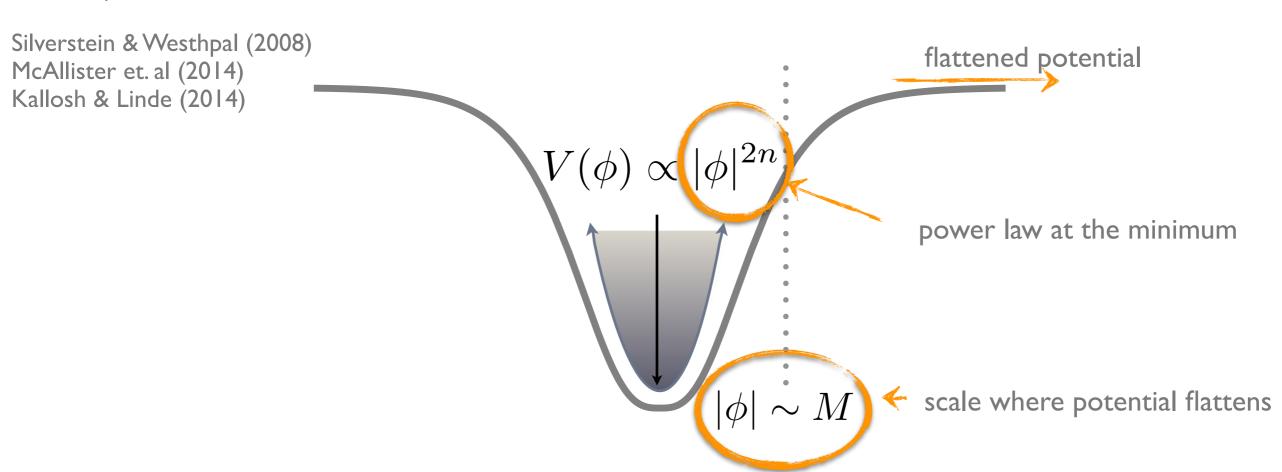
Silverstein & Westhpal (2008) McAllister et. al (2014) Kallosh & Linde (2014) $V(\phi) \propto |\phi|^{2n}$

- shape of the potential (self couplings)
- couplings to other fields



end of inflation in "simple" models

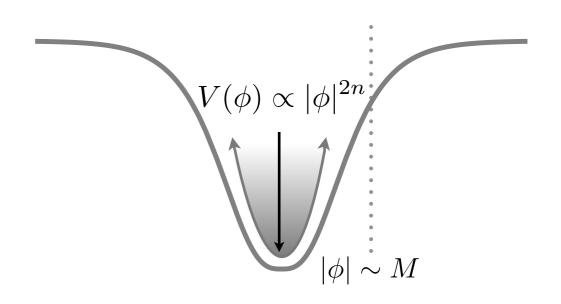
for example:



- shape of the potential (self couplings)
- couplings to other fields



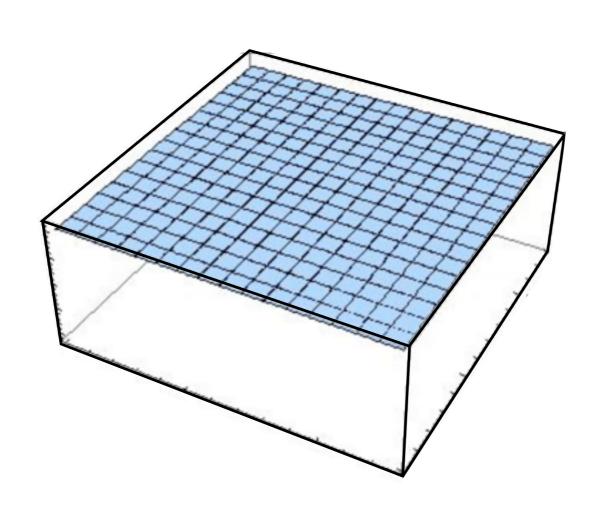
end of inflation in "simple" models

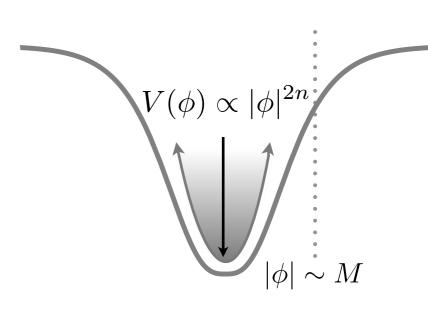


- (i) what are the dynamics?
- (ii) eq. of state & how long to radiation domination?
- (iii) obs. consequences?

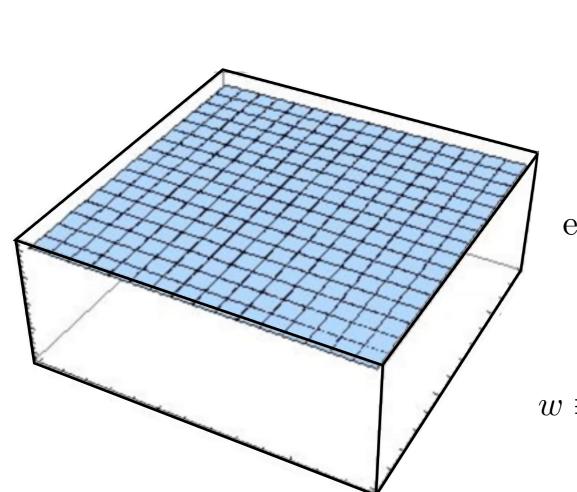


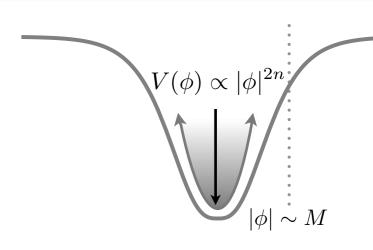
homogeneous dynamics





homogeneous eq. of state

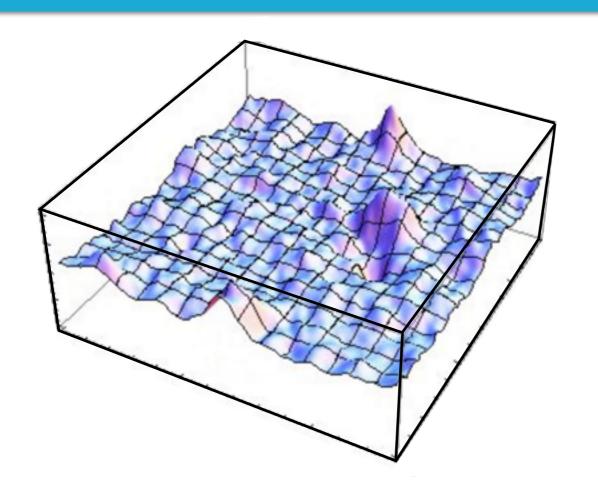


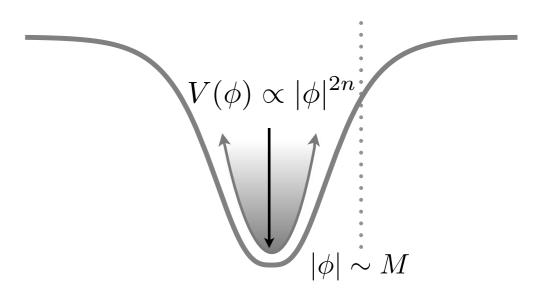


eq. of state
$$w = \frac{\text{pressure}}{\text{density}}$$

$$w \equiv \frac{\langle p \rangle_{\rm s}}{\langle \rho \rangle_{\rm s}} = \frac{\langle \dot{\phi}^2/2 - (\nabla \phi)^2/6a^2 - V \rangle_{\rm s}}{\langle \dot{\phi}^2/2 + (\nabla \phi)^2/2a^2 + V \rangle_{\rm s}} \approx \frac{n-1}{n+1}$$

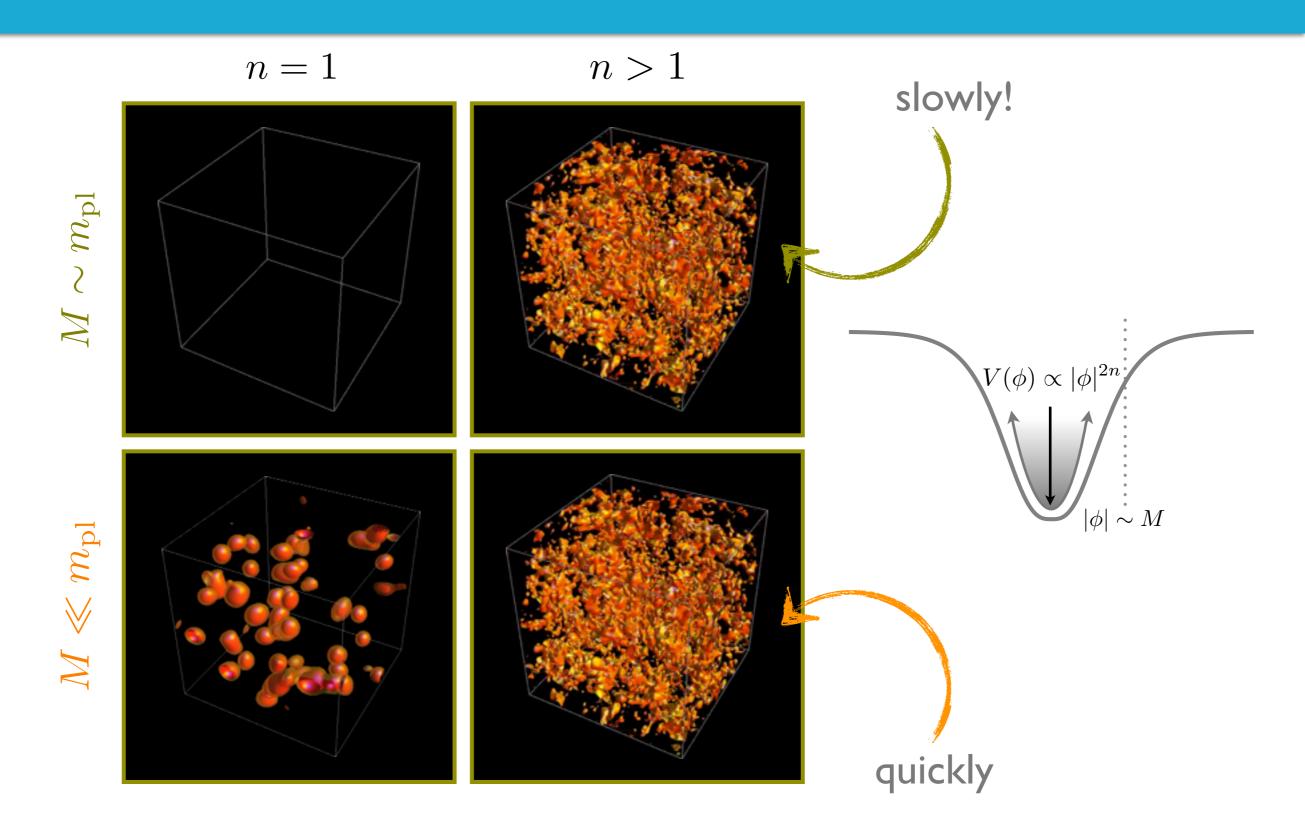
fragmentation is (almost) inevitable



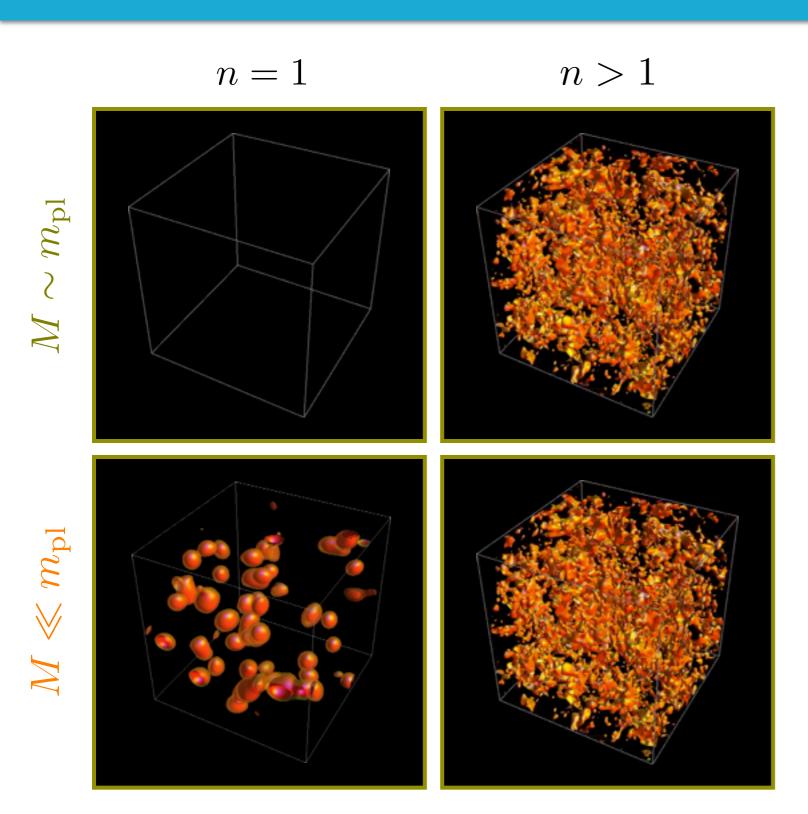


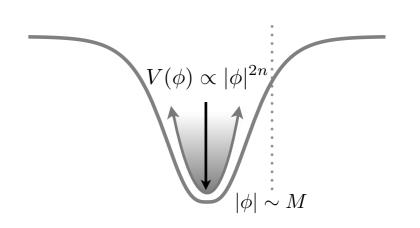
- (i) existence of wings (self-couplings) $M \lesssim m_{
 m pl}$
 - and/or
- (ii) non-quadratic minimum n > 1

result of fragmented dynamics * after sufficient time



eq. of state* after sufficient time

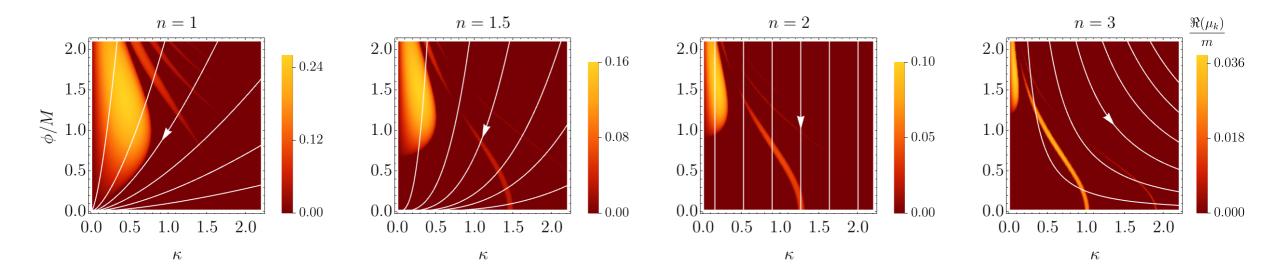




$$w \to \begin{cases} 0 & \text{if } n = 1\\ 1/3 & \text{if } n > 1 \end{cases}$$

$$w \neq \frac{n-1}{n+1}$$

eq. of state — Floquet & expansion

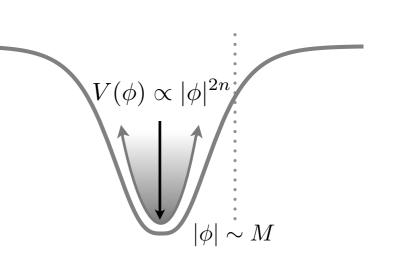


rapid fragmentation due to broad band importance of the narrow band getting stuck in the instability band

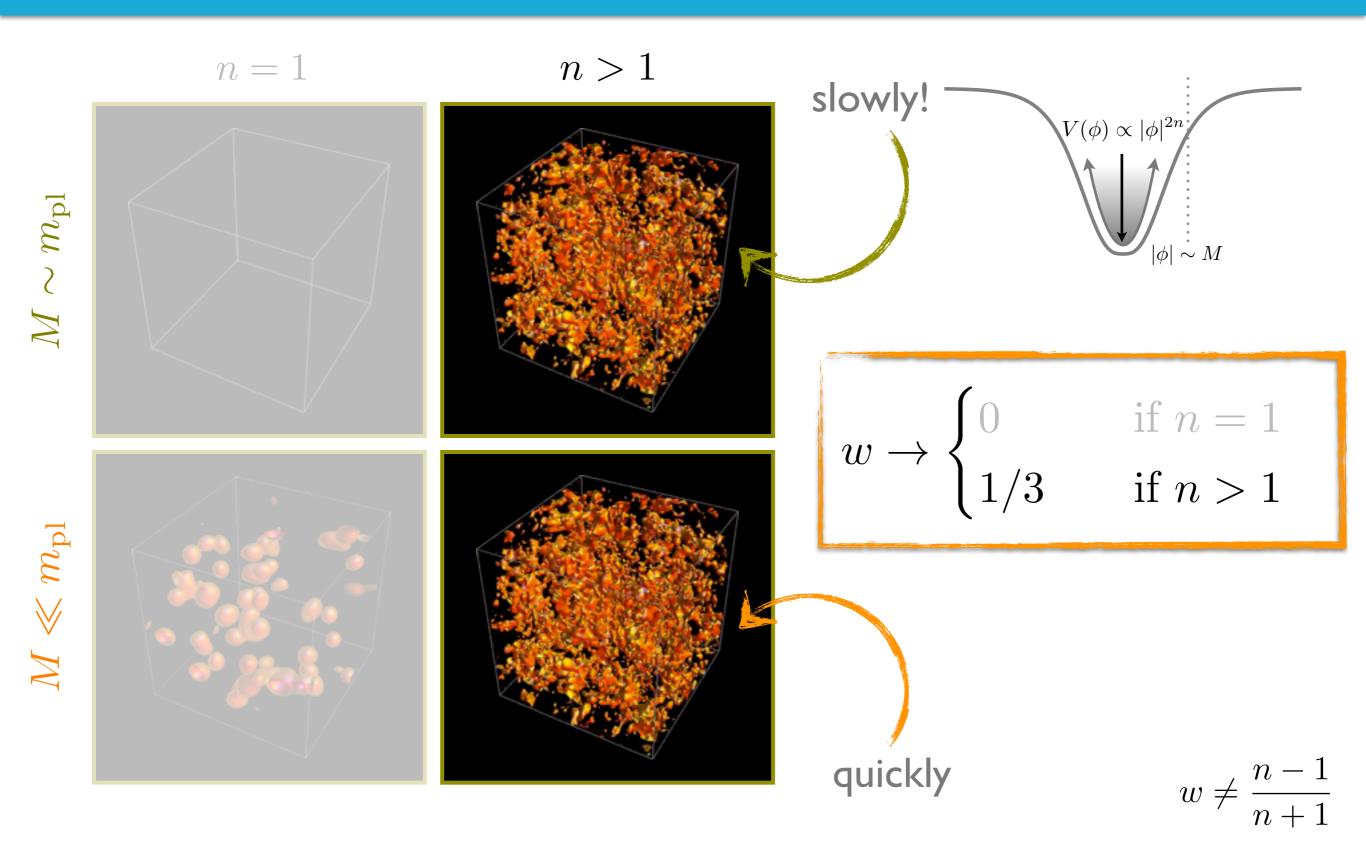
$$[|\Re(\mu_k)|/H]_{\text{max}}^0 = f(n)(m_{\text{Pl}}/M) \qquad M \ll m_{\text{pl}}$$
$$[\Re(\mu_k)/H]^1 \propto m_{\text{Pl}}/|\bar{\phi}| \qquad |\bar{\phi}| \ll M$$
$$|\dot{\kappa}| \sim H\kappa$$

how gradients redshift compared to the potential energy

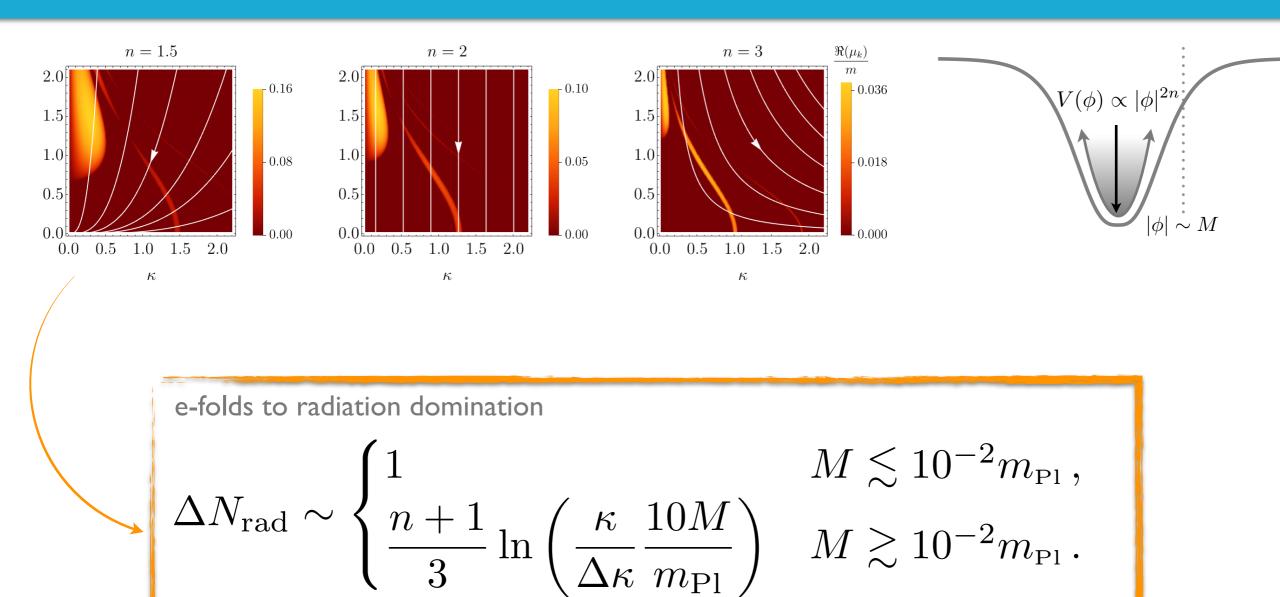
$$w \to \begin{cases} 0 & \text{if } n = 1 \\ 1/3 & \text{if } n > 1 \end{cases}$$
 * formation of solitons



eq. of state* after sufficient time



duration to radiation domination * non-quadratic minima



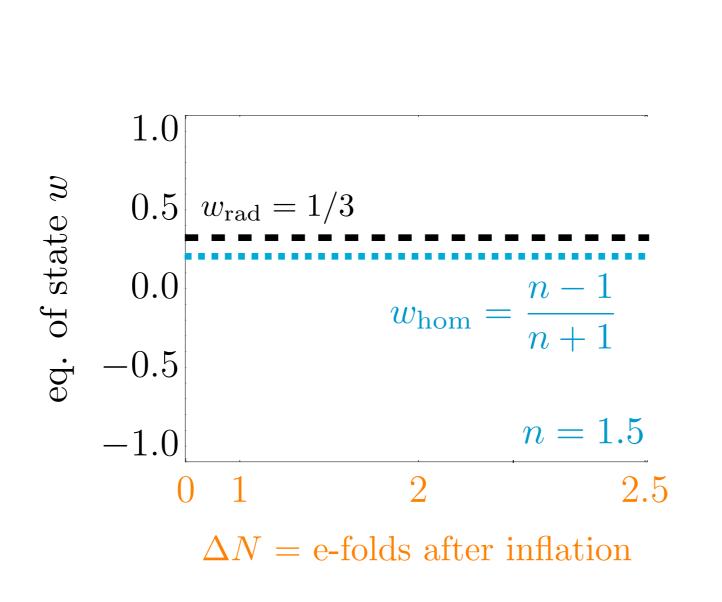
$$\Delta N_{\rm rad} \equiv \int_{a_{\rm end}}^{a_{\rm rad}} d\ln a$$

summary of simulations

No	n	α	w	N	$L_{ m phys}H_{ m init}$	$\Delta N_{ m efolds}^{ m reh}$	$\Delta N_{ m efolds}^{ m br}$	$\Delta N_{ m efolds}^{ m final}$	$\delta_{ m energy}^{ m conserv}$	$rac{\Delta_{ m Grad,kmax}^2}{\Delta_{ m Grad,peak}^2}$	CPUhrs	Clockhrs
1	1	10^{-5}	0.03	512	0.18	_	< 1	2.2	10^{-4}	10^{-4}	320	2.5
2	1	10^{-3}	0	128	2.5	_	< 1	4.4	10^{-4}	$< 10^{-20}$	16	0.5
3	1.5	10^{-5}	0.316	512	0.12	1.2	< 1	2.5	10^{-3}	10^{-3}	1536	12
4	1.5	10^{-5}	0.316	512	0.06	1.2	< 1	2.5	10^{-3}	10^{-5}	1536	12
5	1.5	10^{-5}	0.327	512	0.06	1.2	< 1	3.3	10^{-3}	10^{-3}	+3072	+24
6	1.5	10^{-3}	0.324	256	0.077	4.3	3.9	5.3	10^{-5}	10^{-5}	3072	48
7	1.5	10^{-2}	0.321	256	0.17	4.8	4.5	5.9	10^{-5}	10^{-5}	3072	48
8	1.5	1	0.320	256	1.1	5.9	5.8	6.9	10^{-5}	10^{-4}	2304	36
9	1.5	1	0.320	256	0.55	5.9	5.8	6.9	10^{-5}	10^{-5}	2304	36
10	1.5	1	0.329	256	0.55	5.9	5.8	7.8	10^{-5}	10^{-4}	+6144	+96
11	1.5	1	_	512	1.1	_	_	_	_	_	_	_
12	2	10^{-5}	0.330	512	0.36	1.0	< 1	1.5	10^{-3}	10^{-4}	192	12
13	2	10^{-5}	0.330	512	0.36	1.0	< 1	1.5	10^{-3}	$< 10^{-3}$	192	12
14	2	10^{-5}	0.330	1024	0.73	1.0	< 1	1.5	10^{-3}	$< 10^{-3}$	1536	12
15	2	10^{-5}	0.330	256	0.18	1.0	< 1	1.5	10^{-3}	$< 10^{-3}$	48	3
16	2	1	0.333	128	10.7	< 1	5.0	8.2	10^{-4}	10^{-5}	132	132
17	3	10^{-5}	0.341	256	0.20	< 1	< 1	3.6	10^{-4}	10^{-4}	320	10
18	3	10^{-5}	0.361	1024	0.79	< 1	< 1	1.4	10^{-3}	$< 10^{-4}$	3072	12
19	3	10^{-5}	0.361	512	0.39	< 1	< 1	1.4	10^{-3}	$< 10^{-4}$	384	12
20	3	10^{-5}	0.361	256	0.20	< 1	< 1	1.4	10^{-3}	$< 10^{-4}$	48	1.5
21	3	10^{-3}	0.338	256	6.6	6.7	6.1	9.0	10^{-3}	$< 10^{-5}$	3072	48
22	3	1	0.336	256	1740	10.7	10.5	13.2	10^{-3}	$< 10^{-5}$	5120	120
23	4	10^{-5}	0.345	256	0.21	< 1	< 1	3.7	10^{-3}	$< 10^{-4}$	768	12
24	6	10^{-5}	0.348	256	0.17	< 1	< 1	3.7	10^{-3}	$< 10^{-4}$	768	12

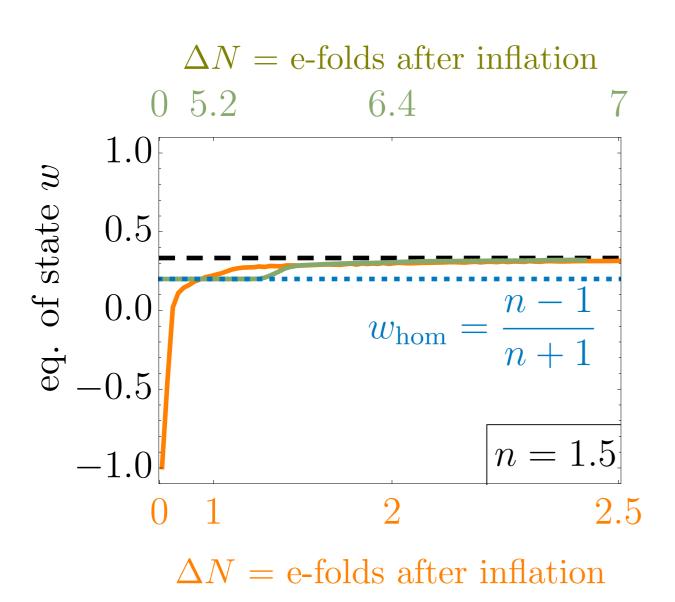
duration to radiation domination * non-quadratic minima

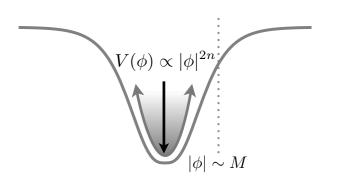
 $V(\phi) \propto |\phi|^{2n}$



duration to radiation domination * non-quadratic minima

from detailed 3+1 dimensional lattice simulations





 $M \sim m_{
m pl}$ inefficient initial resonance

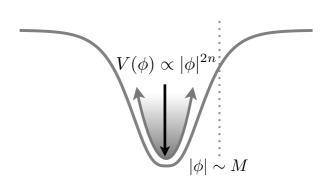
 $M \ll m_{
m pl}$ efficient initial resonance

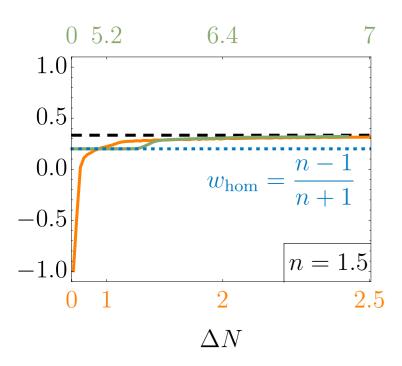
duration to radiation domination * non-quadratic minima

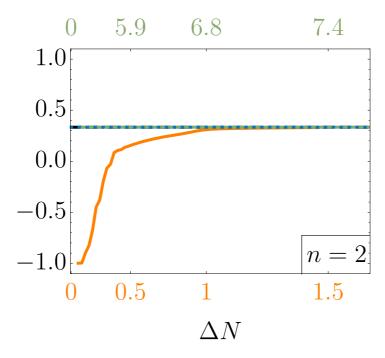
from detailed 3+1 dimensional lattice simulations

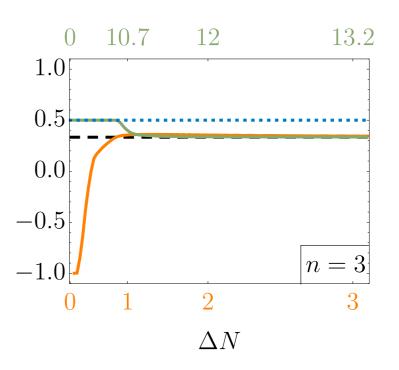
green = inefficient initial resonance orange = efficient initial resonance

$$w_{\rm rad} = 1/3$$







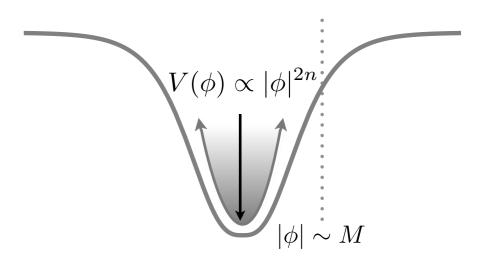


from analytic considerations

$$\Delta N_{\rm rad} \sim \begin{cases} 1 & M \lesssim 10^{-2} m_{\rm Pl} \,, \\ \frac{n+1}{3} \ln \left(\frac{\kappa}{\Delta \kappa} \frac{10M}{m_{\rm Pl}} \right) & M \gtrsim 10^{-2} m_{\rm Pl} \,. \end{cases}$$

an upper bound on duration to radiation domination

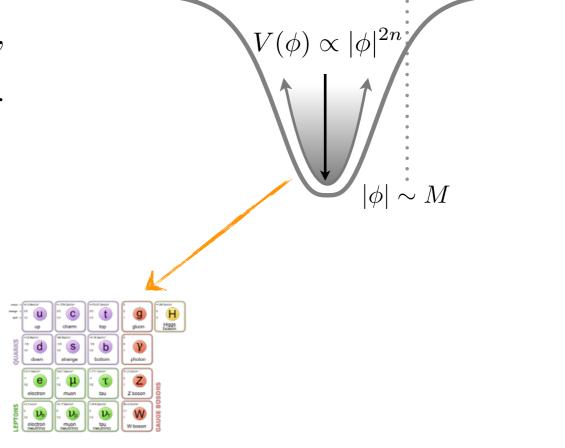
$$\Delta N_{\rm rad} \sim \begin{cases} 1 & M \lesssim 10^{-2} m_{\rm Pl}, \\ \frac{n+1}{3} \ln \left(\frac{\kappa}{\Delta \kappa} \frac{10M}{m_{\rm Pl}} \right) & M \gtrsim 10^{-2} m_{\rm Pl}. \end{cases}$$



an upper bound on duration to radiation domination

$$\Delta N_{\rm rad} \sim \begin{cases} 1 & M \lesssim 10^{-2} m_{\rm Pl} \,, \\ \frac{n+1}{3} \ln \left(\frac{\kappa}{\Delta \kappa} \frac{10M}{m_{\rm Pl}} \right) & M \gtrsim 10^{-2} m_{\rm Pl} \,. \end{cases}$$

additional *light* (massless) fields can only decrease the duration!



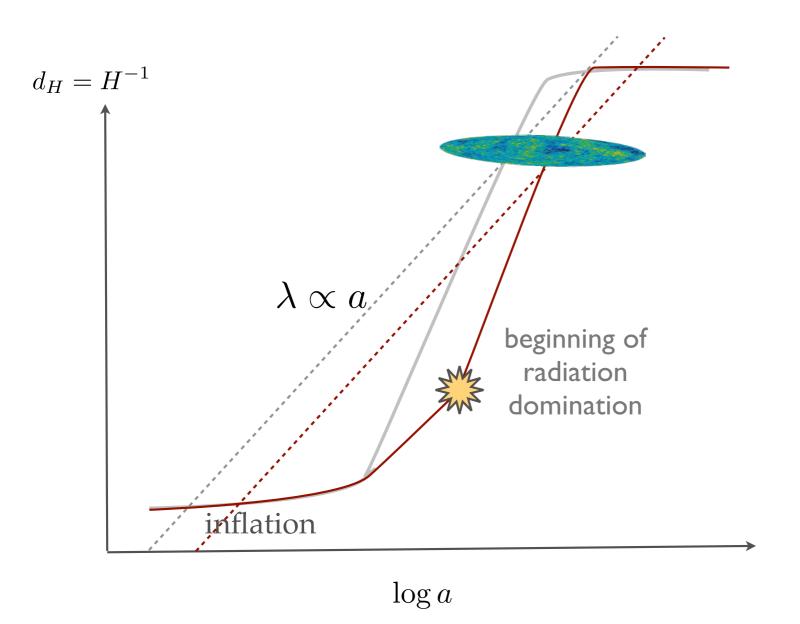
^{*} decay to significantly massive fields can change this conclusion

• what drives inflation?

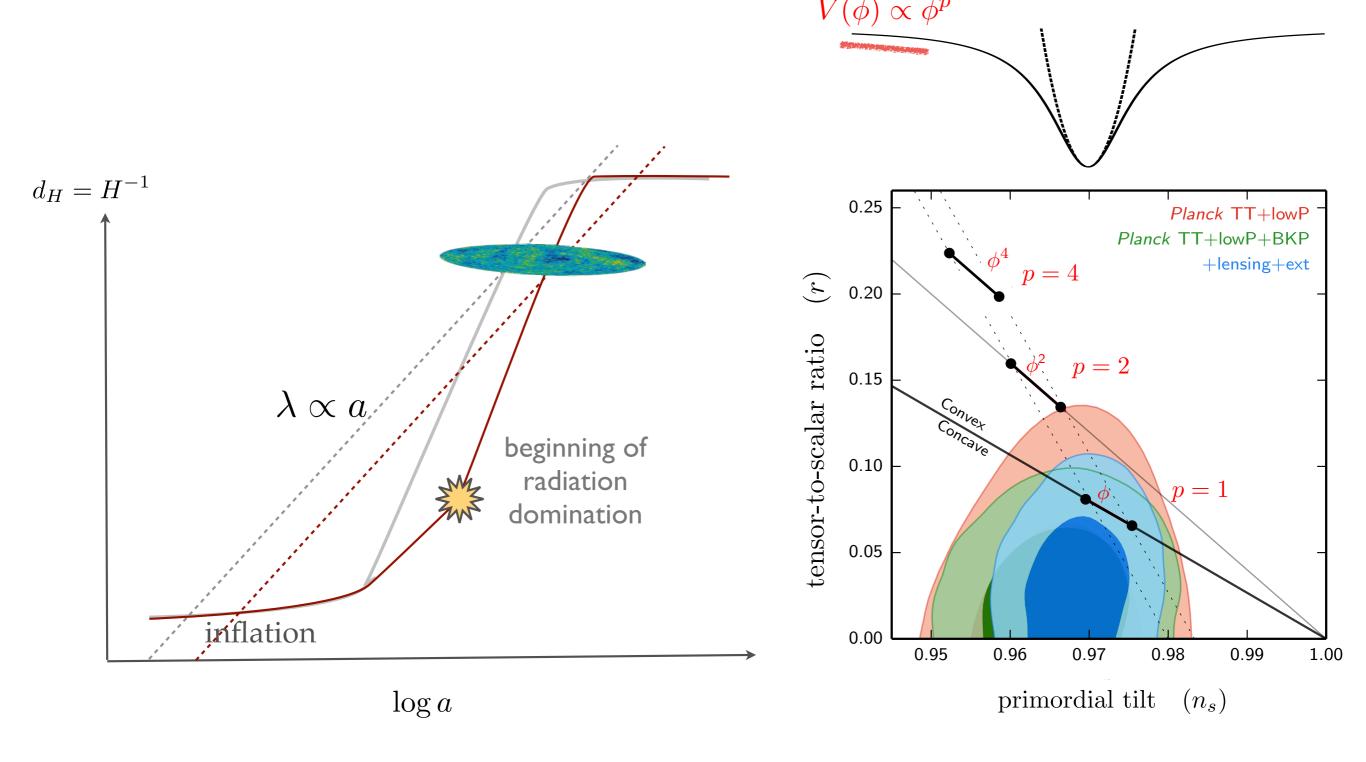
how did inflation end?

observable implications ?

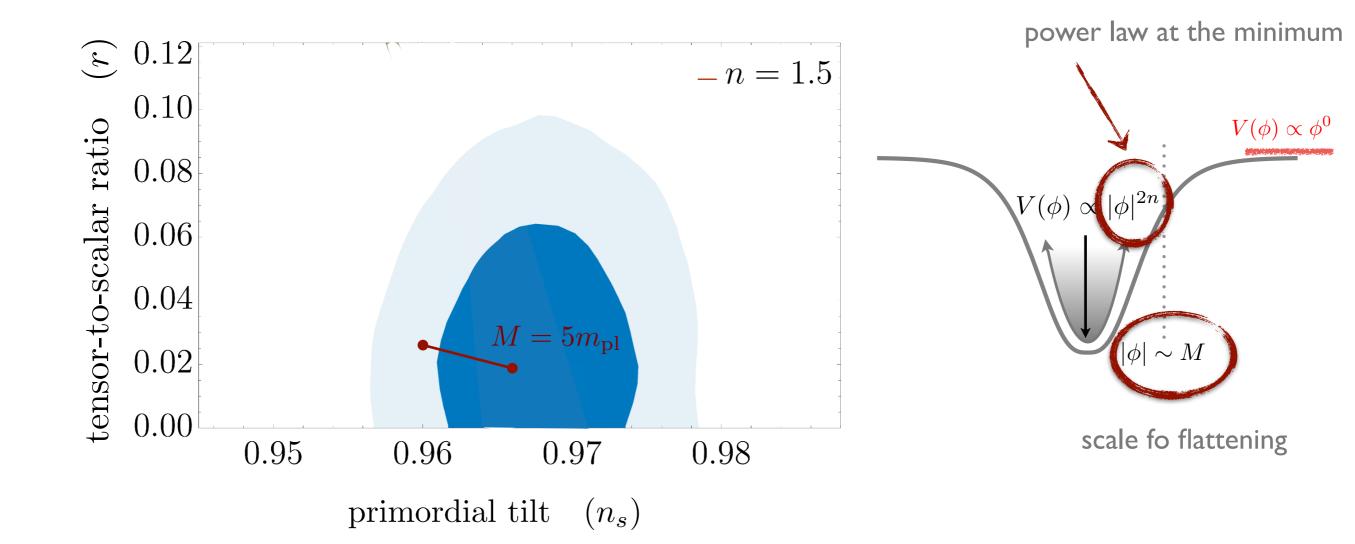
eq. state — expansion history — CMB observables



eq. state — expansion history — CMB observables

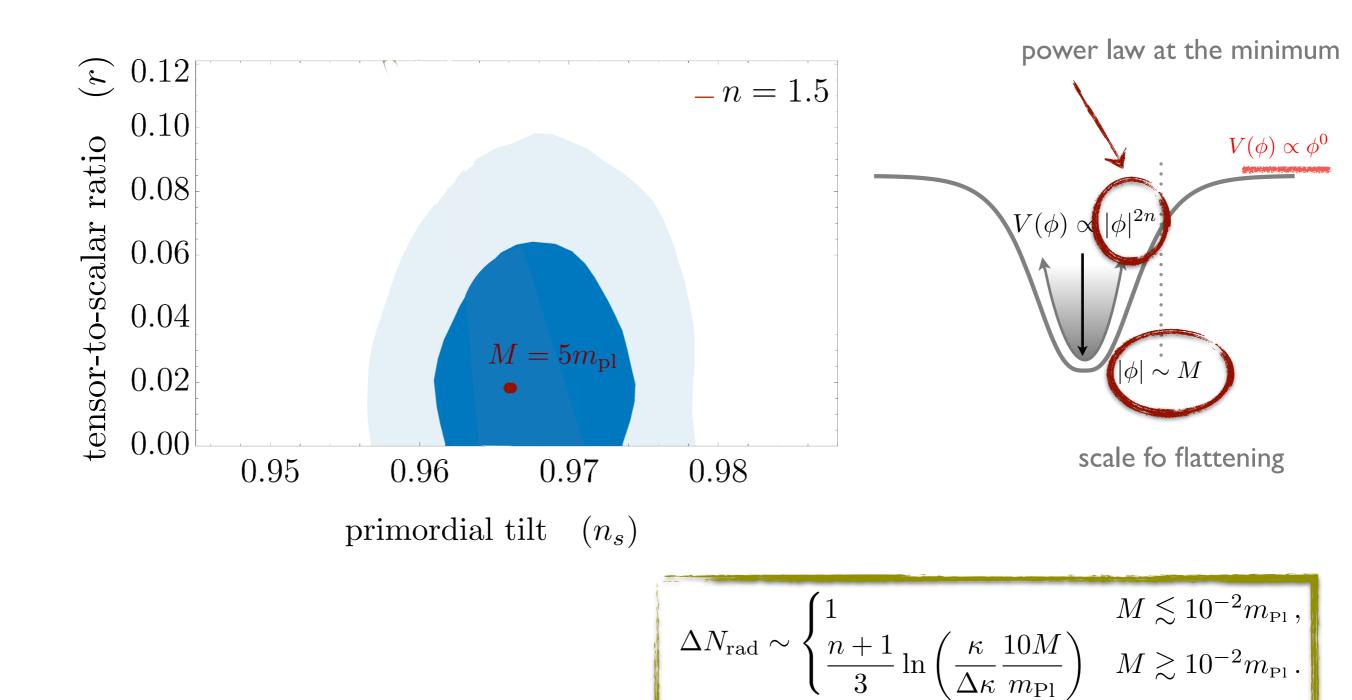


implications for CMB observables



^{*} width of the lines account for couplings to other light fields

reduction in uncertainty!

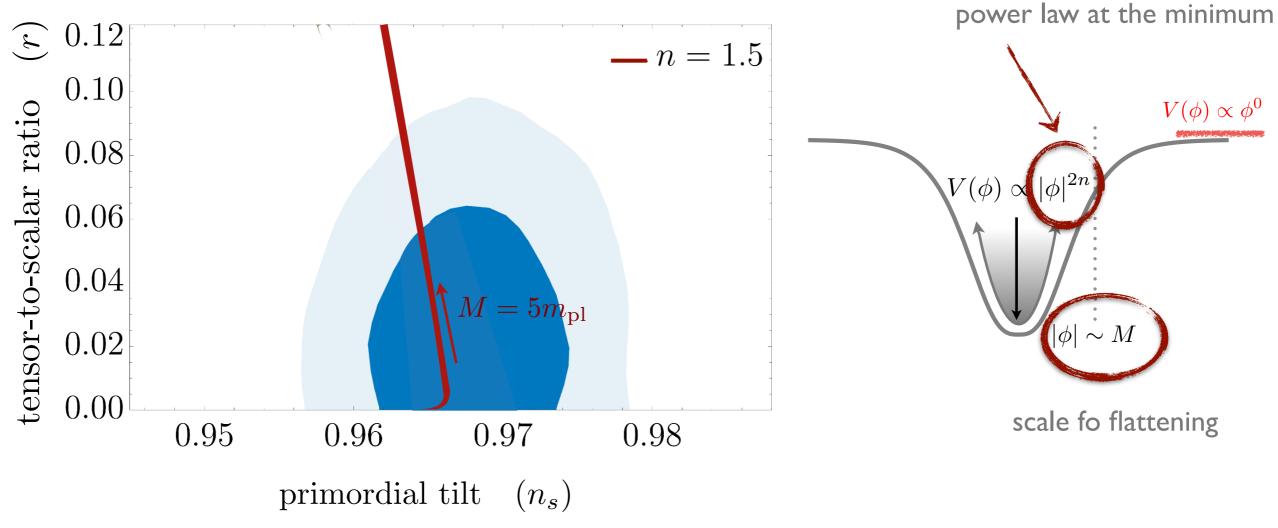


* non-quadratic minimum

^{*} width of the lines account for couplings to other light fields

implications for CMB observables

width is the uncertainty due to additional light fields!

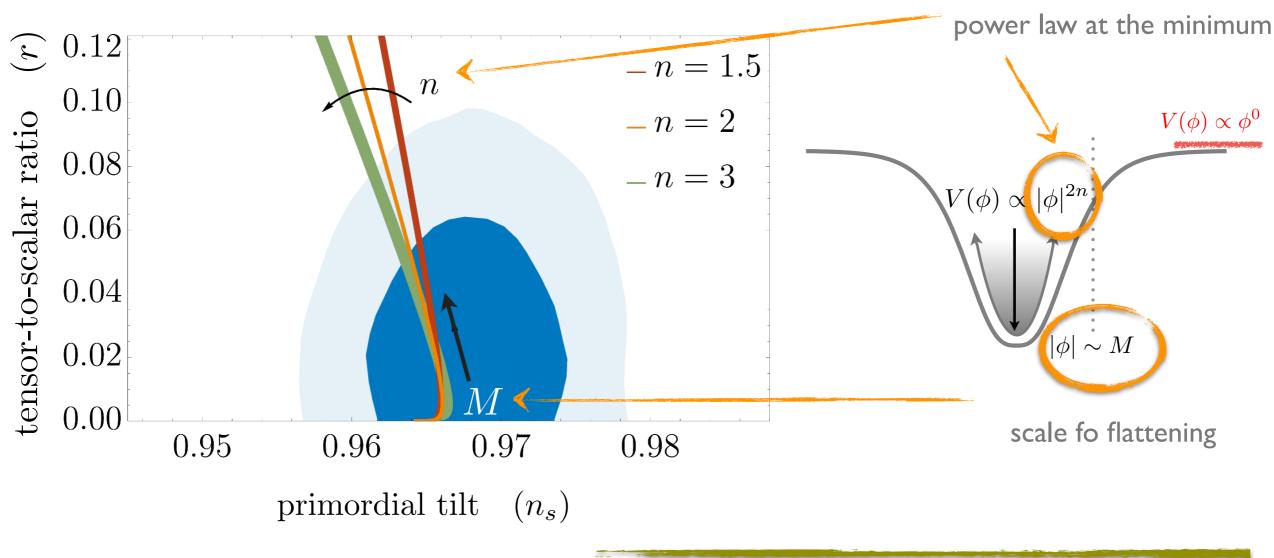


 $V(\phi) \propto \phi^0$ scale fo flattening

$$\Delta N_{
m rad} \sim \begin{cases} 1 & M \lesssim 10^{-2} m_{
m Pl}, \\ \frac{n+1}{3} \ln \left(\frac{\kappa}{\Delta \kappa} \frac{10M}{m_{
m Pl}} \right) & M \gtrsim 10^{-2} m_{
m Pl}. \end{cases}$$

^{*} width of the lines account for couplings to other light fields

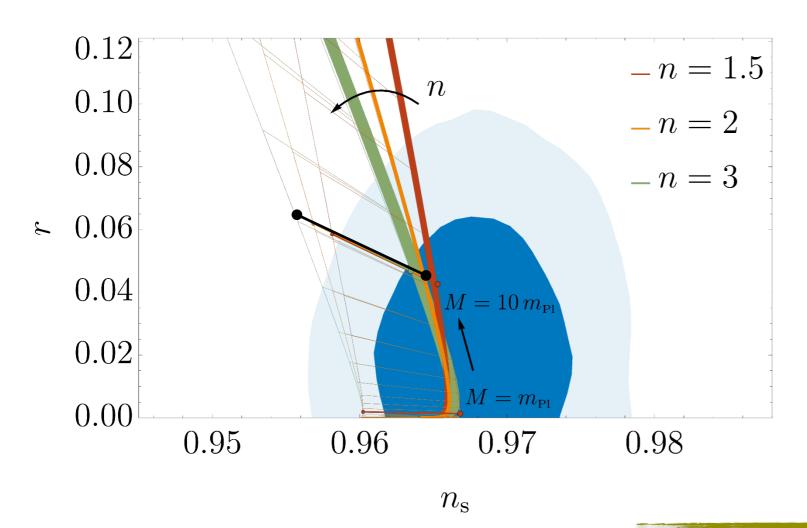
implications for CMB observables

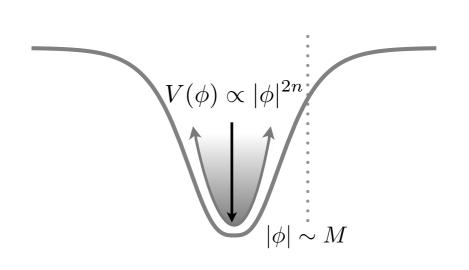


$$\Delta N_{\rm rad} \sim \begin{cases} 1 & M \lesssim 10^{-2} m_{\rm Pl}, \\ \frac{n+1}{3} \ln \left(\frac{\kappa}{\Delta \kappa} \frac{10M}{m_{\rm Pl}} \right) & M \gtrsim 10^{-2} m_{\rm Pl}. \end{cases}$$

^{*} width of the lines account for couplings to other light fields

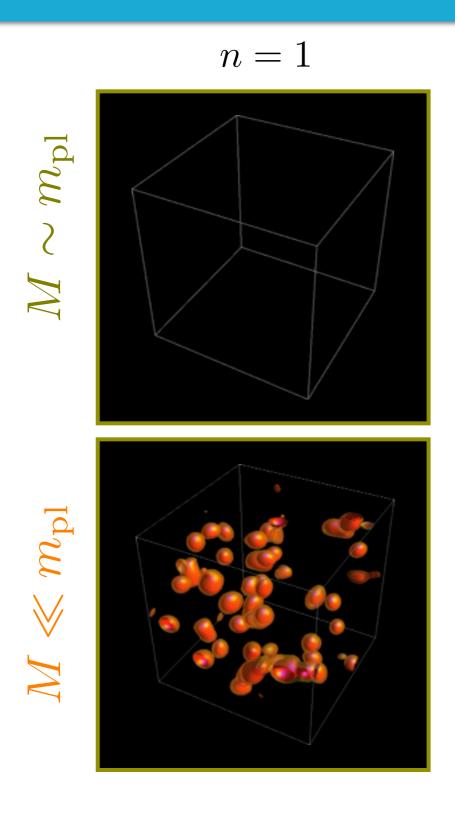
including upper bound — significant reduction in uncertainty!

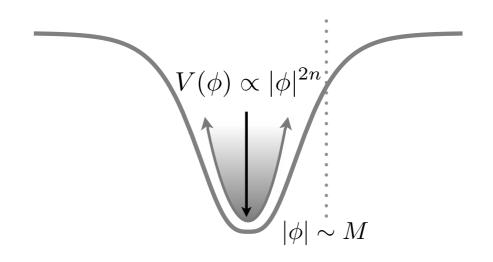


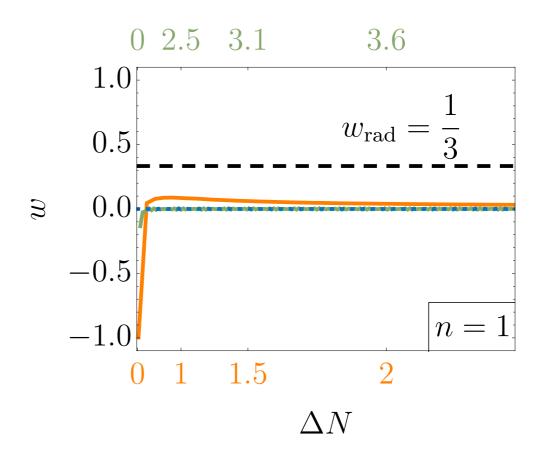


$$\Delta N_{
m rad} \sim egin{cases} 1 & M \lesssim 10^{-2} m_{
m Pl} \,, \\ rac{n+1}{3} \ln \left(rac{\kappa}{\Delta \kappa} rac{10M}{m_{
m Pl}}
ight) & M \gtrsim 10^{-2} m_{
m Pl} \,. \end{cases}$$

* quadratic minimum

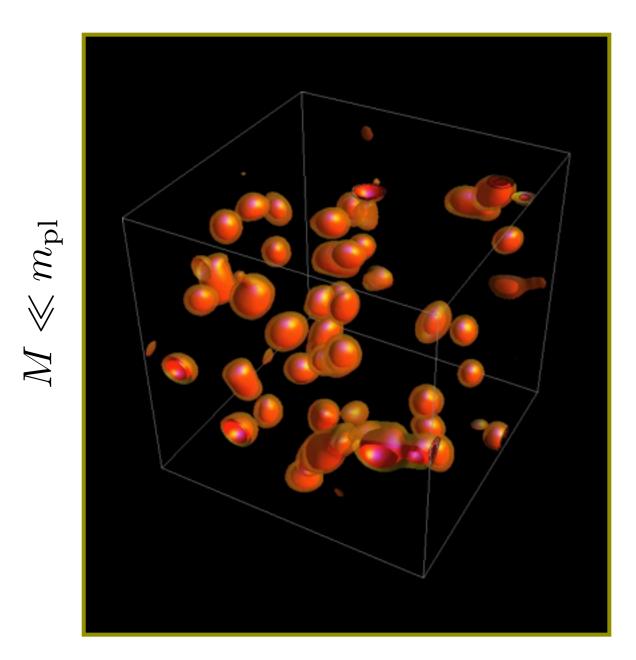




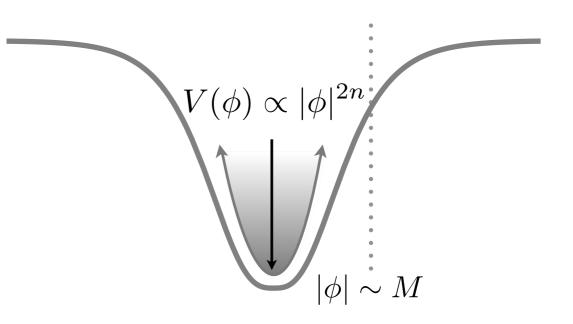


oscillons after inflation

$$n = 1$$



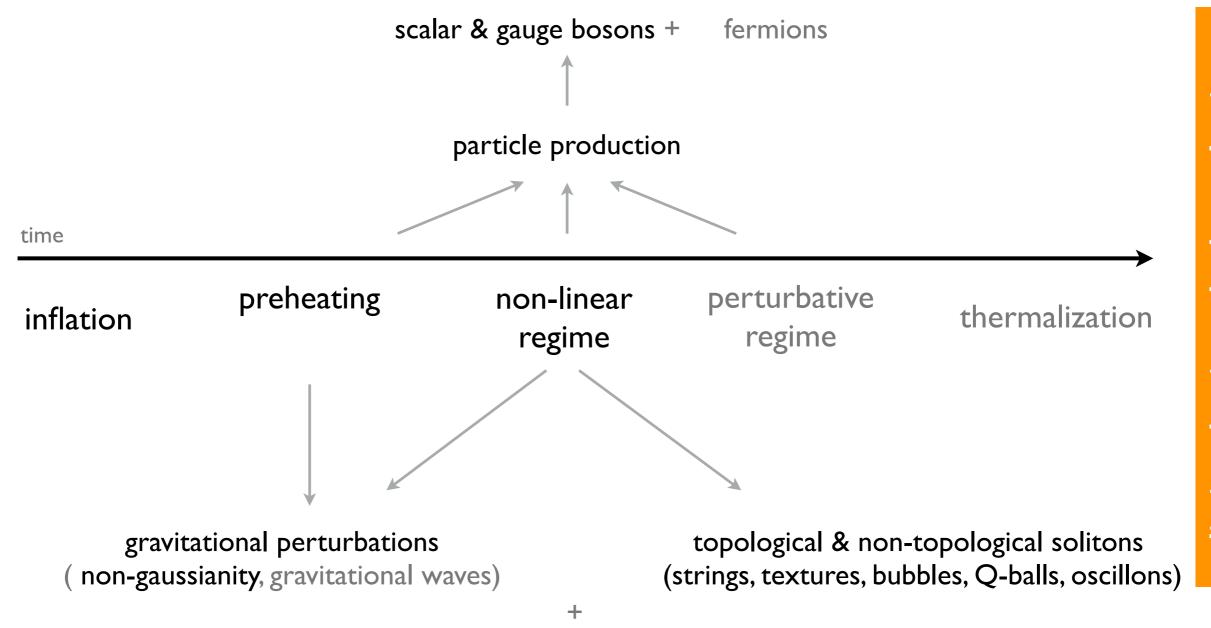
Oscillons — non-topological solitons!



- approach to radiation domination with additional fields can be complex when additional fields are included

see for example: Gleiser (1994) MA, Easther, Finkel, Flaugher & Hertzberg (2011) MA (2013) and @ UIUC Adshead, Giblin, Scully, Sfakianakis (2014)

left out ...

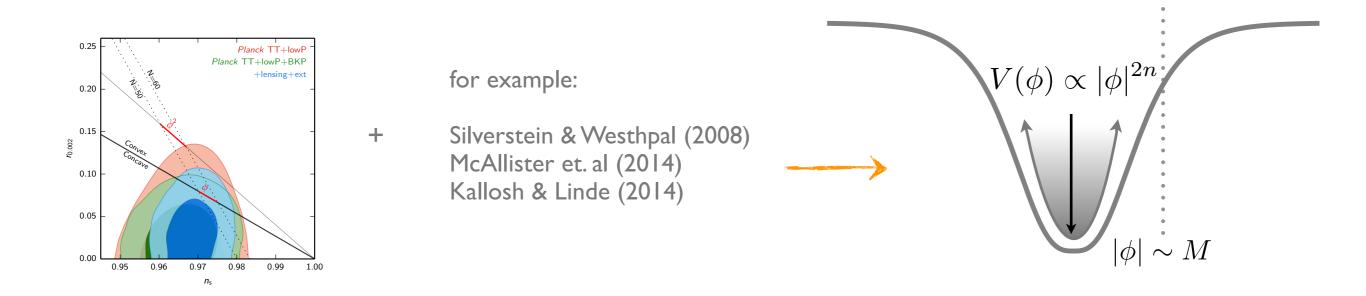


expansion history, baryogenesis ...

from review: MA, Kaiser, Karouby & Hertzberg (2013)

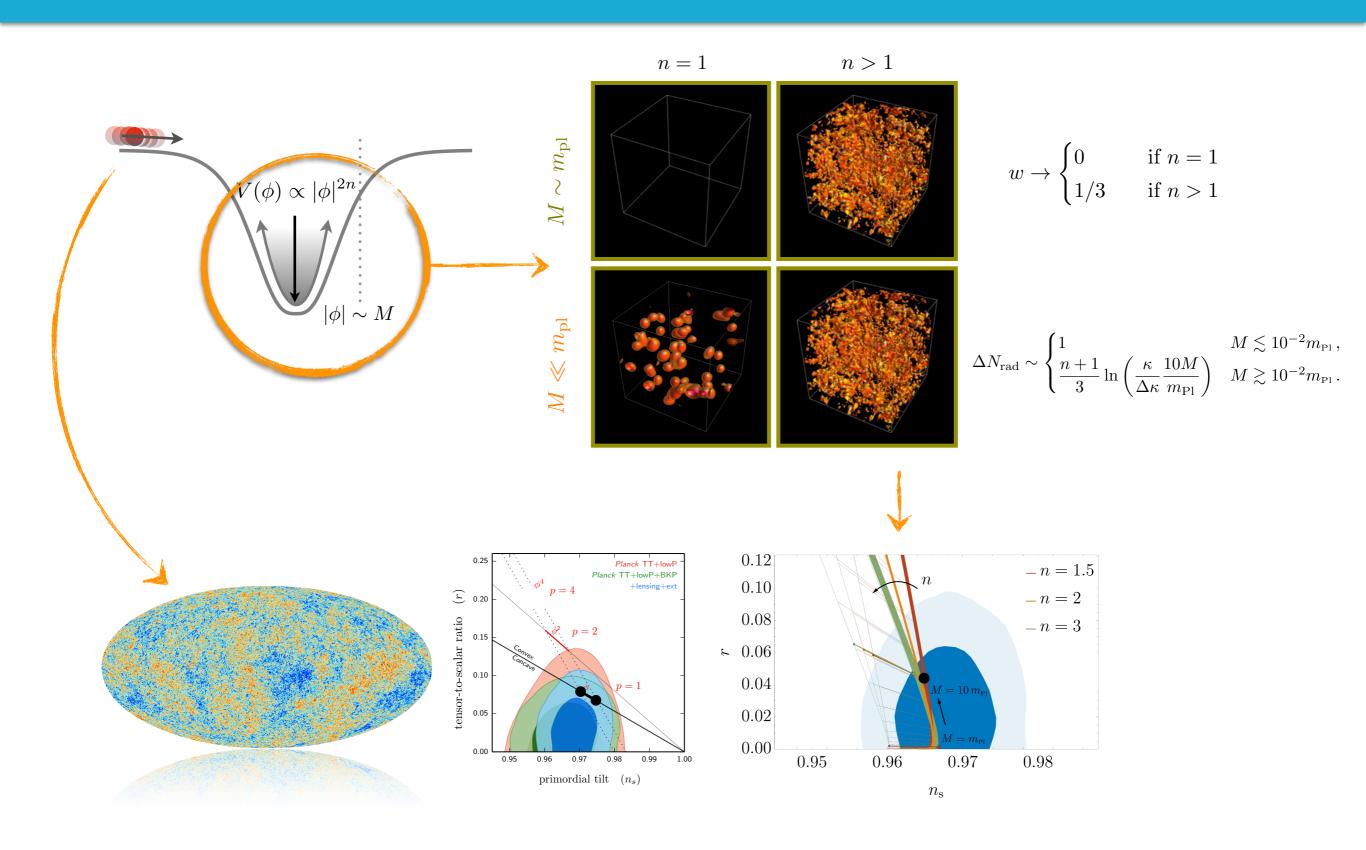
inflaton dominated, "cold" universe

inflation and its end "simple" models



- (i) what are the dynamics?
- (ii) eq. of state & how long to radiation domination?
- (iii) obs. consequences?

summary: "simple" models of our origins

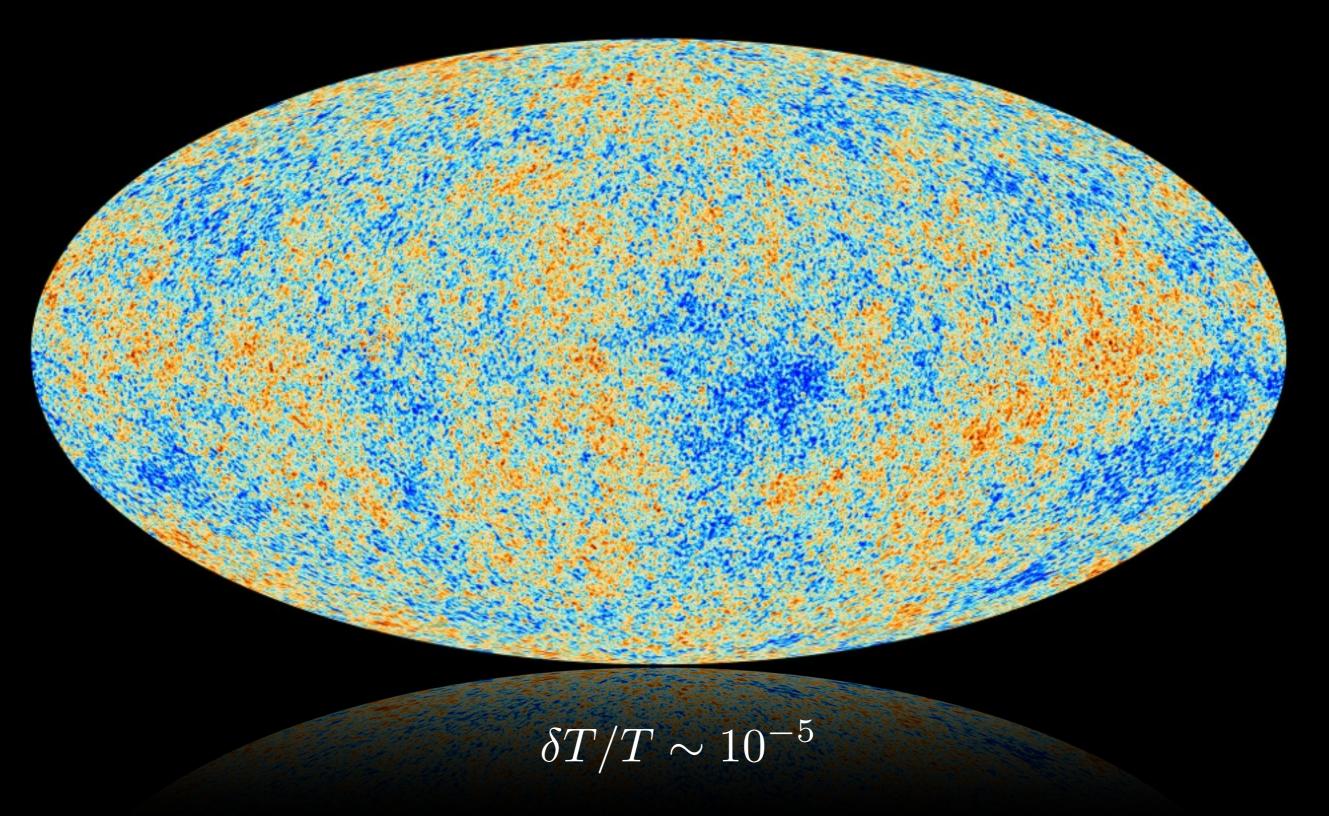


two approaches



COMPLEX enough

simple early universe



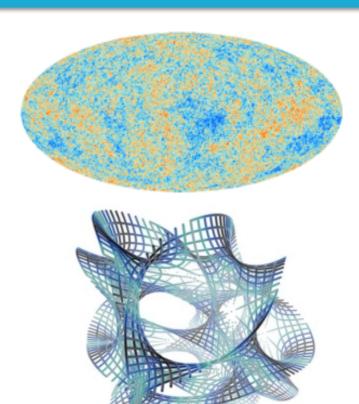
theory: its complicated (probably)

- inflation
- reheating after inflation



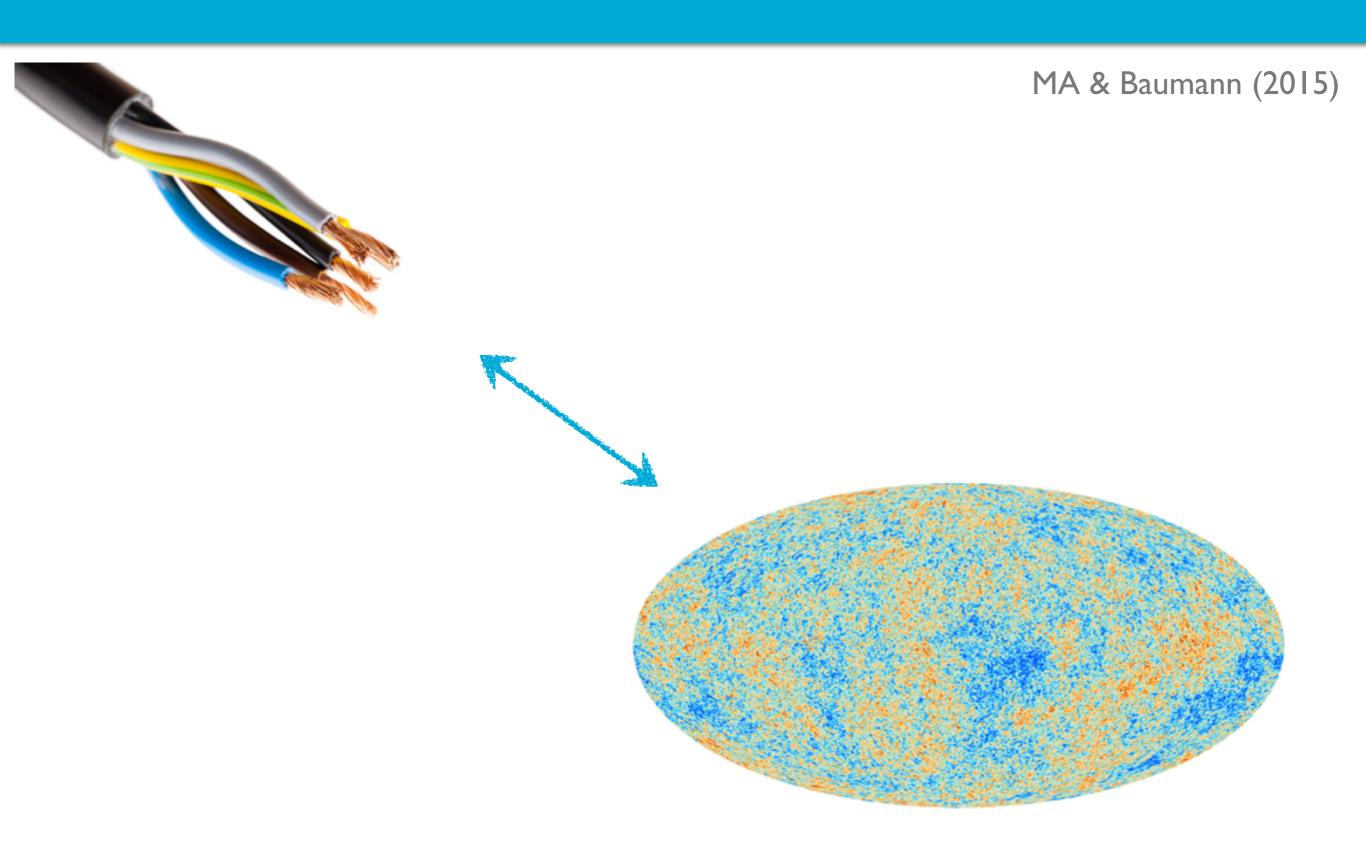
a statistical approach?

- observations: early universe is simple
- fundamental theory: not so much ...



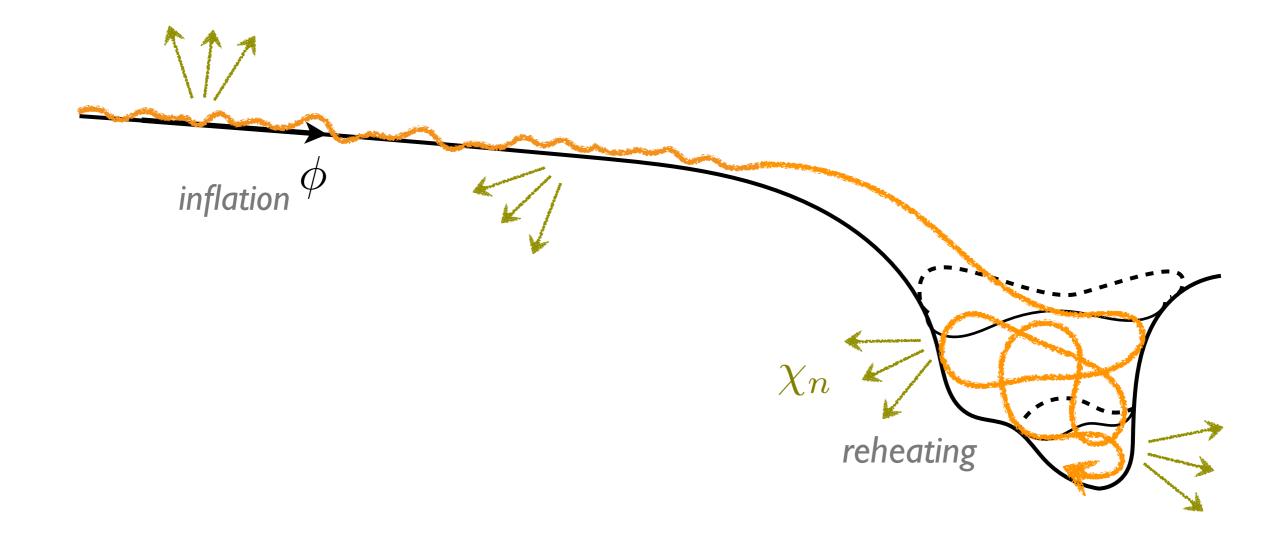
- coarse grained view ?
- calculational tools?

from wires to cosmology



multifield inflation/reheating

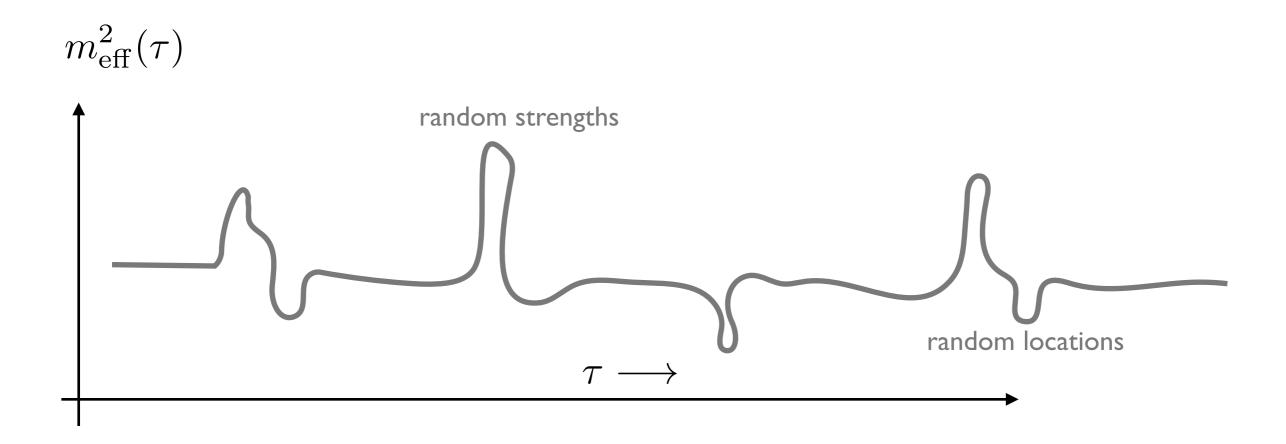
- inflation/reheating: many interacting fields
- fluctuations: coupled, non-perturbative



complexity in time: cosmology

$$\ddot{\chi}_k(\tau) + \left[k^2 + m_{\text{eff}}^2(\tau)\right] \chi_k(\tau) = 0$$

$$m_{\text{eff}}^2(\tau) = -\frac{\ddot{a}(\tau)}{a(\tau)} + a^2(\tau)m_{\varphi}^2 + a^2(\tau)g^2(\phi(\tau) - \phi_*)^2 + \dots$$



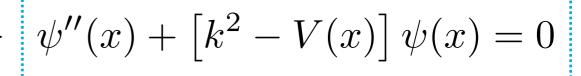
complexity in time cosmology

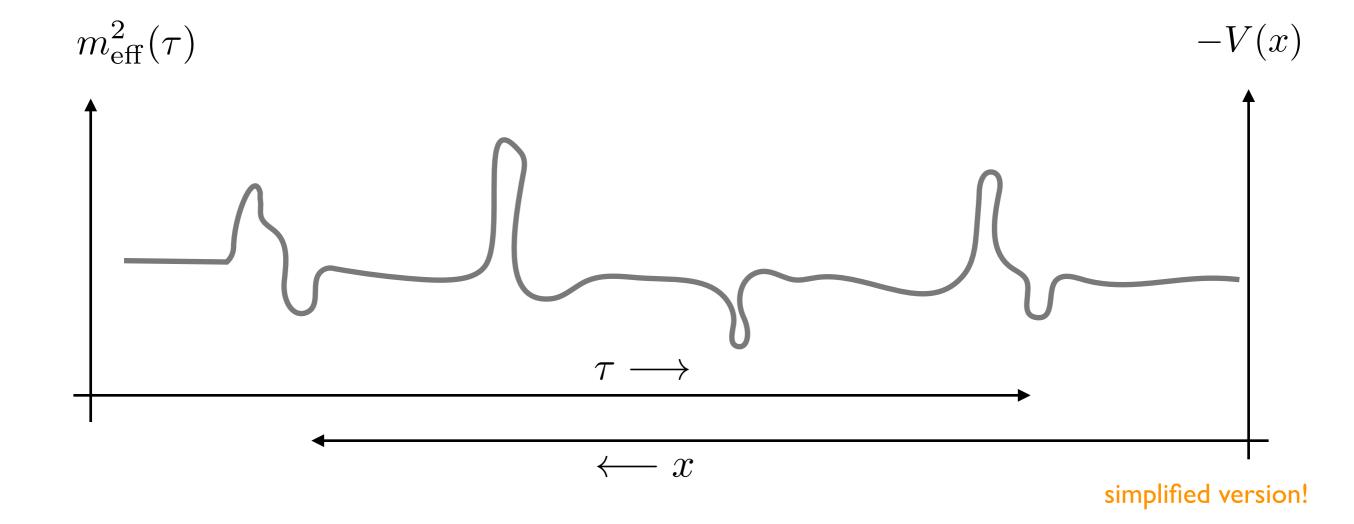


complexity in space wires

particle production

$$\ddot{\chi}_k(\tau) + \left[k^2 + m_{\text{eff}}^2(\tau)\right] \chi_k(\tau) = 0 \iff \psi''(x) + \left[k^2 - V(x)\right] \psi(x) = 0$$





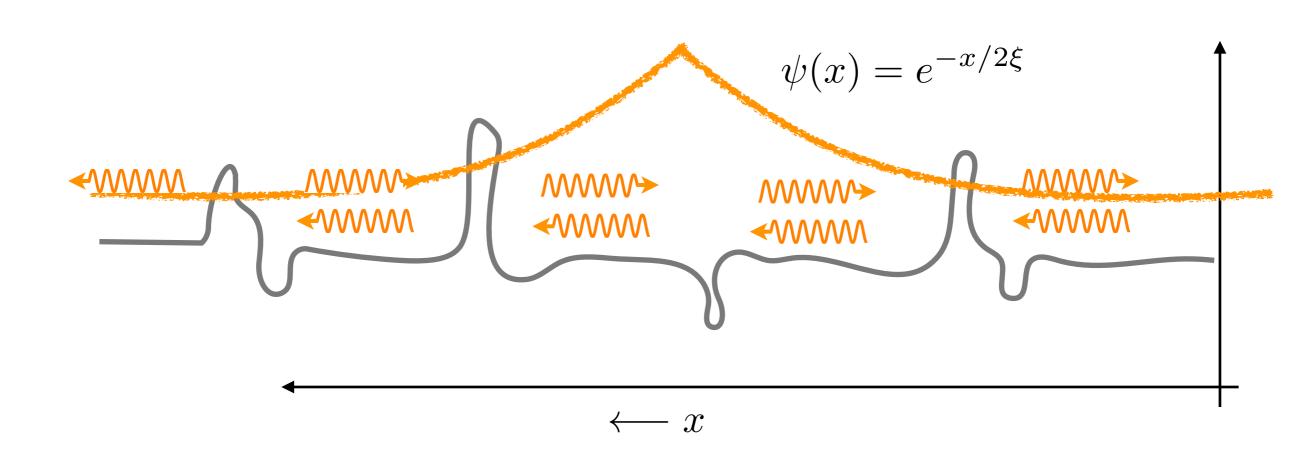
Anderson localization! complexity in space — emergent simplicity

$$\psi''(x) + [k^2 - V(x)] \psi(x) = 0$$

at low temperatures, one dimensional wires are insulators

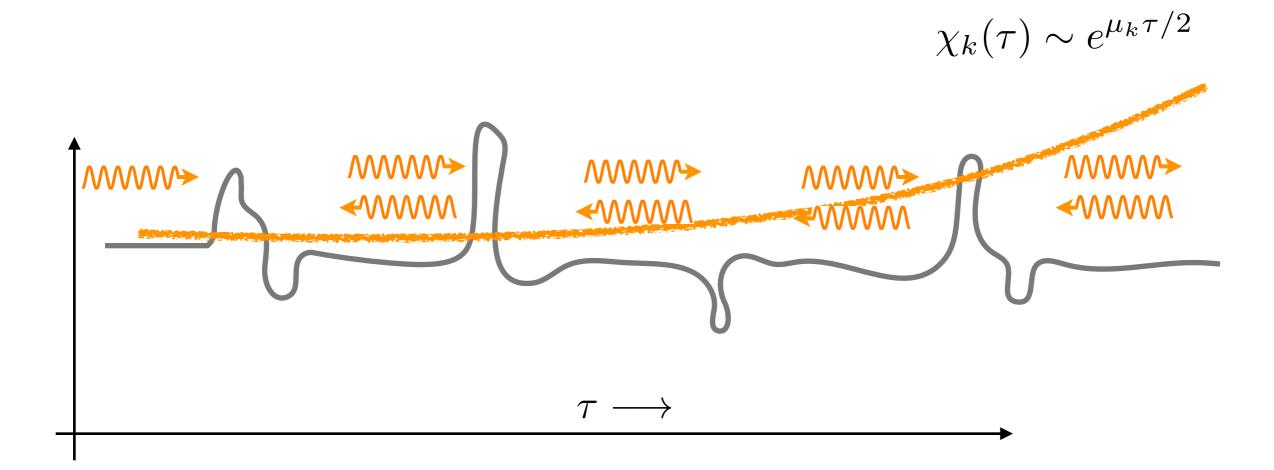


Anderson 1957



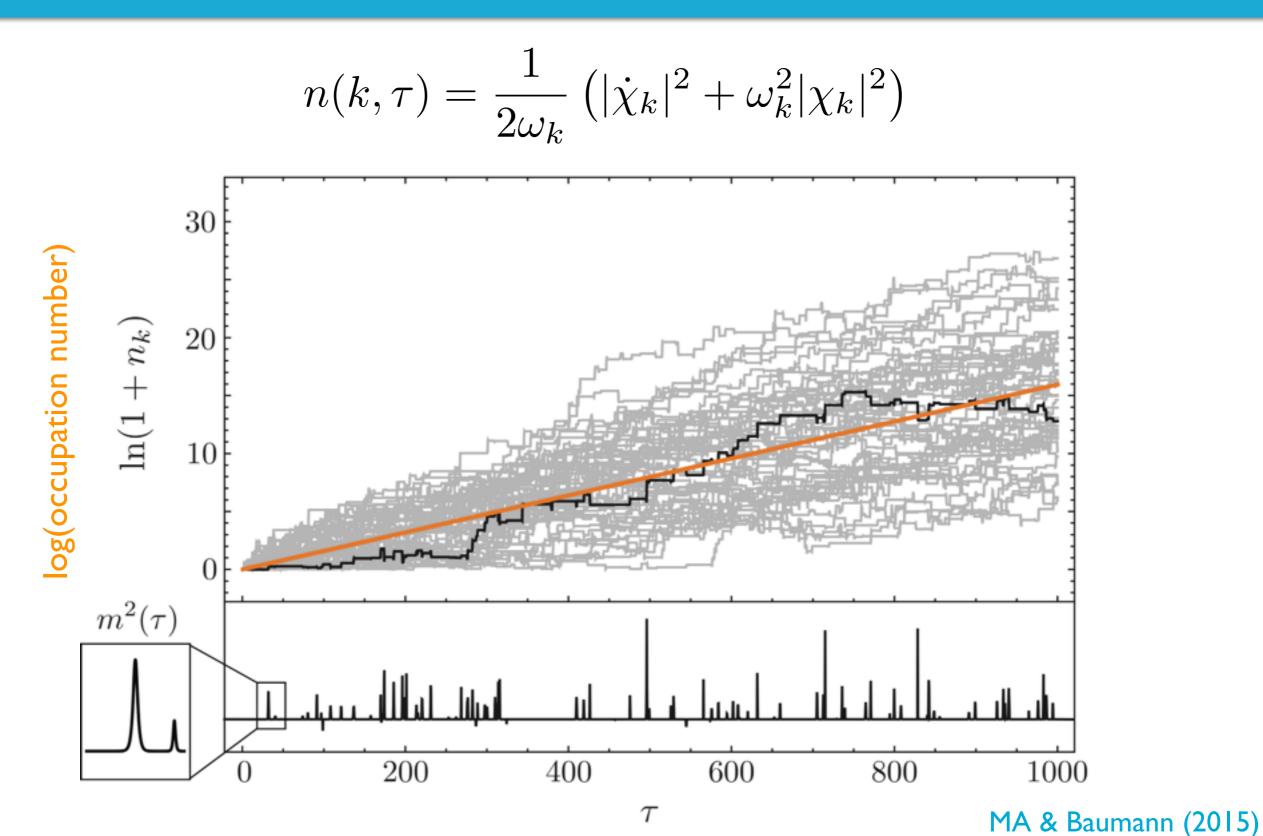
complexity in time — exponential particle production

$$\ddot{\chi}_k(\tau) + \left[k^2 + m_{\text{eff}}^2(\tau)\right] \chi_k(\tau) = 0$$



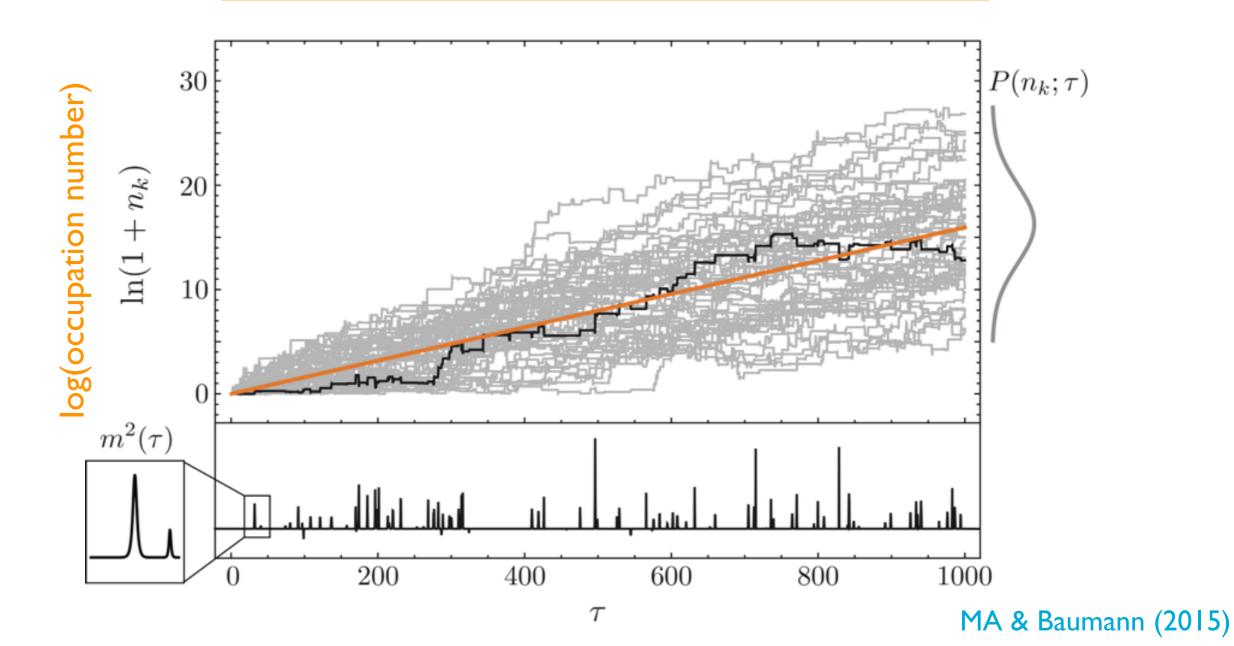
occupation number's "Brownian" motion

occupation number performs a drifted random walk



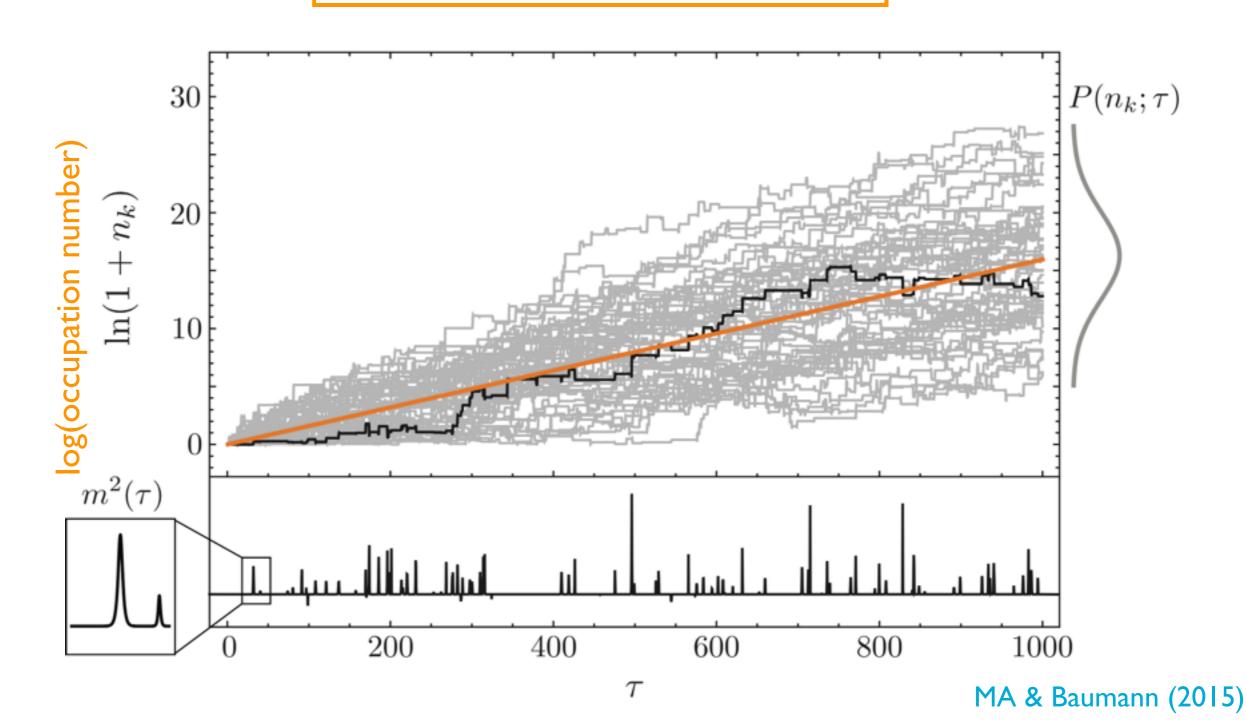
a Fokker Planck equation

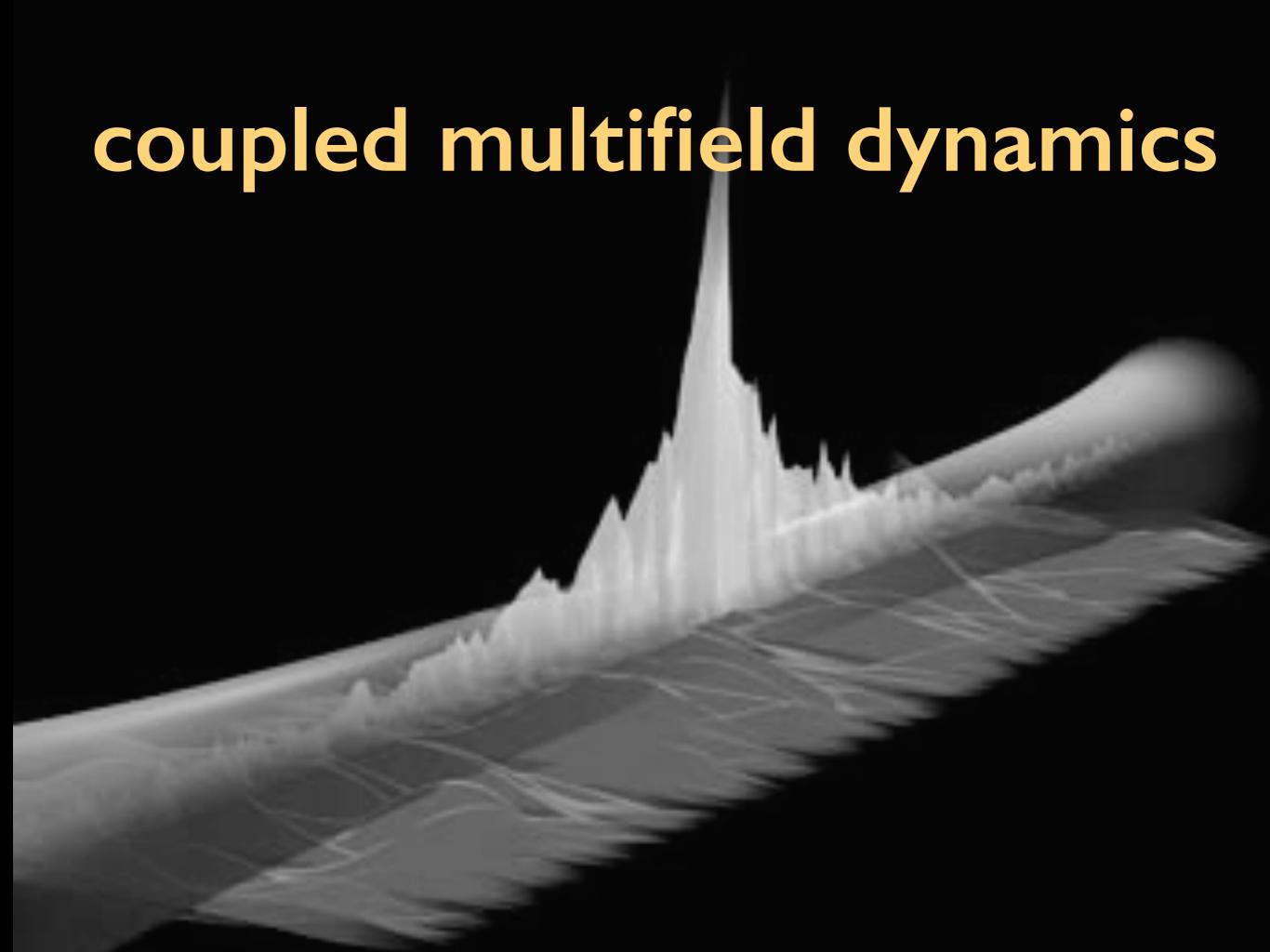
$$\frac{1}{\mu_k} \frac{\partial}{\partial \tau} P(n, \tau) = \frac{\partial}{\partial n} \left[n(1+n) \frac{\partial}{\partial n} P(n, \tau) \right]$$



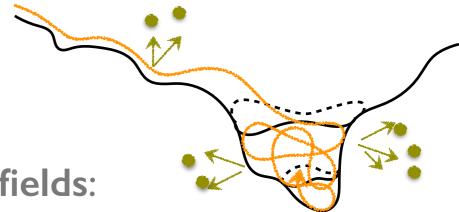
the typical occupation number

$$n_{\rm typ} \equiv \exp\langle \ln(1+n) \rangle = e^{\mu_k \tau}$$



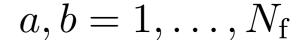


many interacting fields (thick wires)



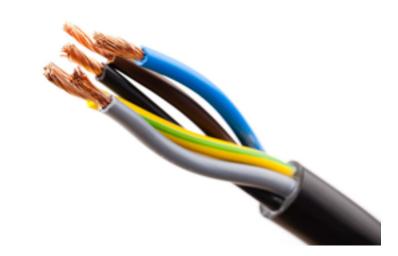
early universe: multiple interacting fields:

$$\ddot{\chi}_a + \left[k^2 \delta_a^b + \mathcal{M}^b{}_a(\tau)\right] \chi_b = 0$$





real wires are not one-dimensional. current conduction: multiple channels.



multifield Fokker Planck equation

joint probability for occupation numbers satisfies the DMPK equation:

$$\frac{1}{\mu_k} \frac{\partial}{\partial \tau} P(n_a; \tau) = \sum_{a=1}^{N_f} \left[(1 + 2n_a) + \frac{1}{N_f + 1} \sum_{b \neq a} \frac{n_a + n_b + 2n_a n_b}{n_a - n_b} \right] \frac{\partial P}{\partial n_a} + \frac{2}{N_f + 1} \sum_{a=1}^{N_f} n_a (1 + n_a) \frac{\partial^2 P}{\partial n_a^2}$$

Dokhorov, Mello, Pereyra & Kumar

local mean particle production rate

$$\mu_k \equiv rac{1}{N_{
m f}} \lim_{\delta au o 0} rac{\langle n
angle}{\delta au} \quad ext{where} \quad n = \sum_{a=1}^{N_{
m f}} n_a$$

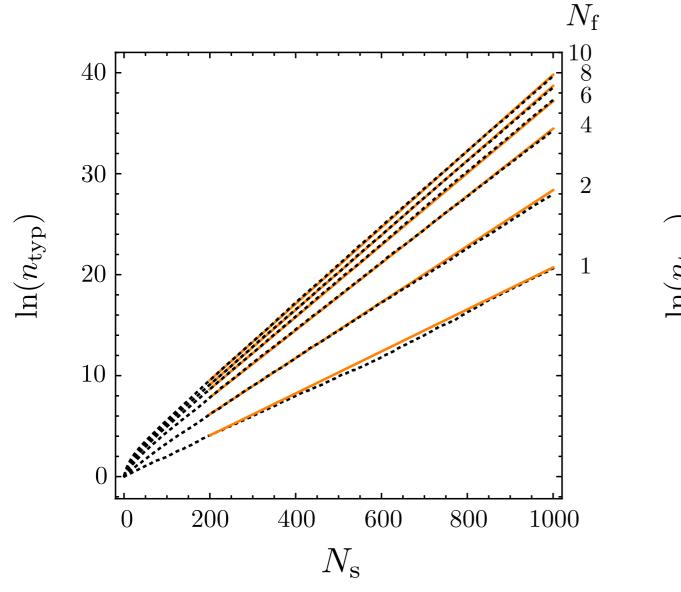
numerical tests [typical occupation numbers]

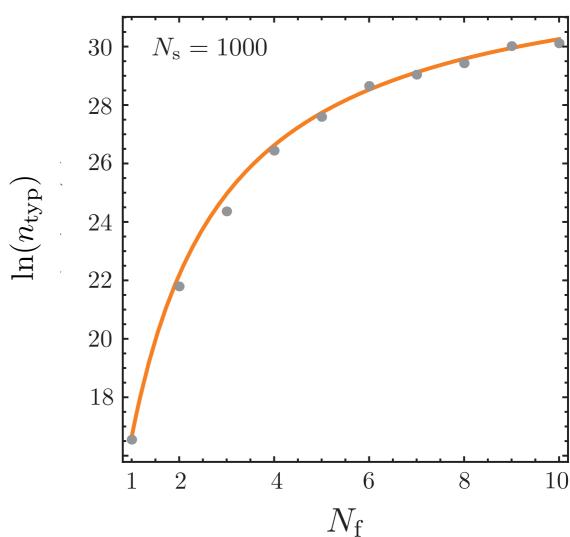
$$\ln(n_{\rm typ}) \propto \frac{2N_{\rm f}}{1 + N_{\rm f}} N_{\rm s}$$

where

 $N_{\rm f} = {\rm number~of~fields}$

 $N_{\rm s} = \text{number of scatterings}$

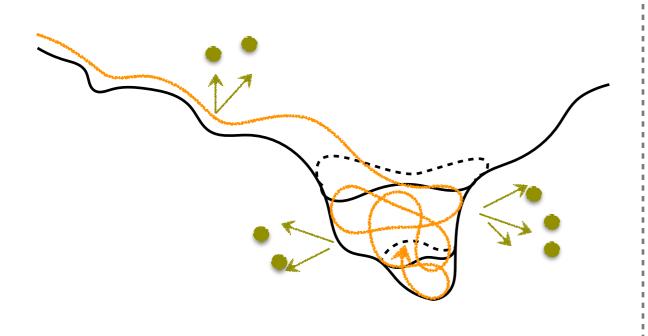




simplicity/universality

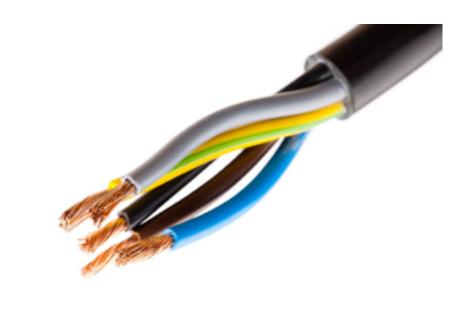
 μ_k local mean particle production rate

 $N_{
m f}$ number of fields



mean ballistic mean free path

 $N_{
m f}$ number of channels

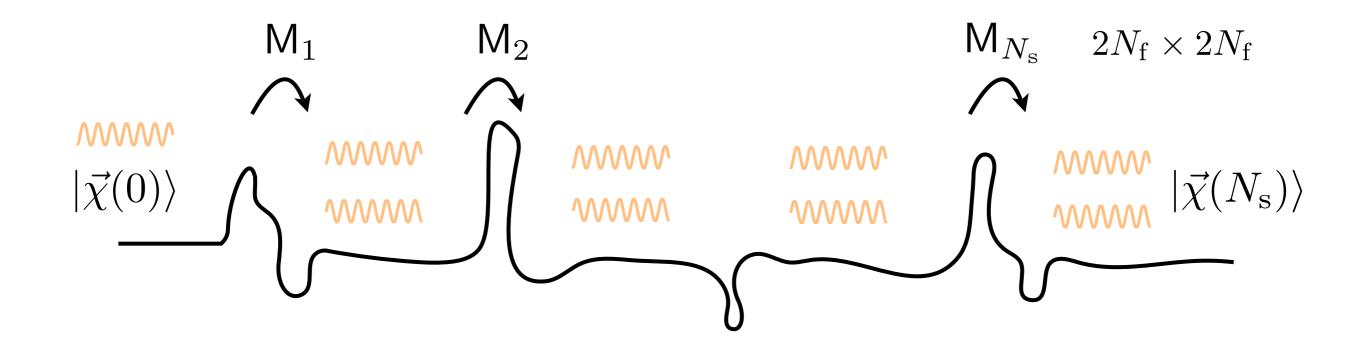


 μ_k - calculate from 'local' microphysics or parametrize

 N_{f} - regimes exist where dependence vanishes

multifield particle production as scattering

$$|ec{\chi}(N_{
m s})
angle = {
m M}\,|ec{\chi}(0)
angle \quad {
m where} \quad {
m M} \equiv {
m M}_{N_{
m s}} \cdots {
m M}_2 {
m M}_1$$



total occupation number

$$n={
m Tr}({
m n})=\sum_{a=1}^{N_{
m f}}n_a$$
 where ${
m n}\sim{
m MM}^\dagger$ particles in each "field" (eignevalues)

Universality from Random Matrix Theory

two large N's to make life easier:

• large number of fields:

 $N_{
m f}$



from RMT:

ullet eigenvalue spectrum of M_j

• large number of scatterings:

 $N_{
m s}$

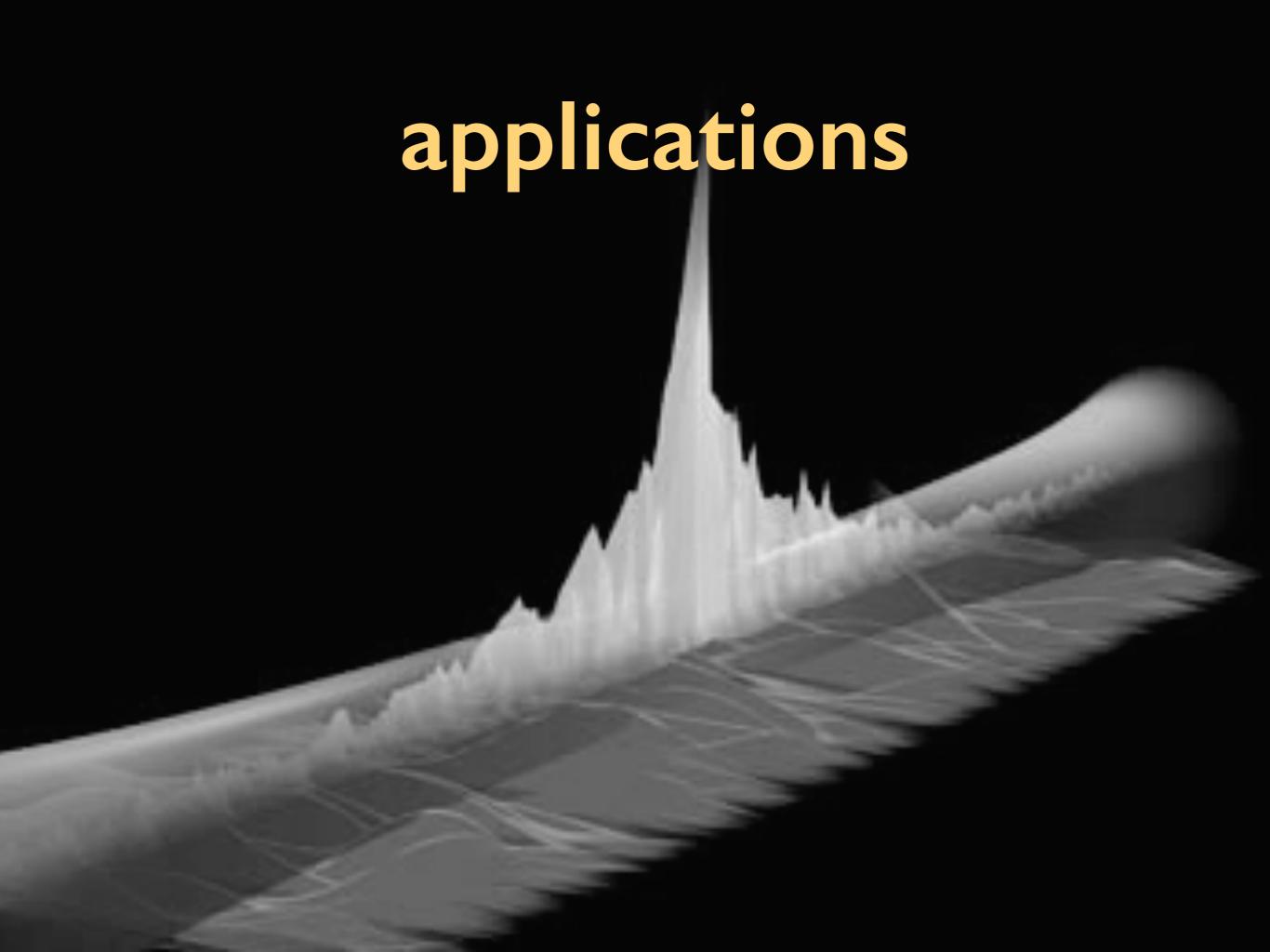


ullet non-random limit of $\mbox{M} = \prod_{j=1}^{N_{\rm S}} \mbox{M}_j$

Pichard and Sarma

prediction for exponential behavior in time

non-random behavior of the exponent

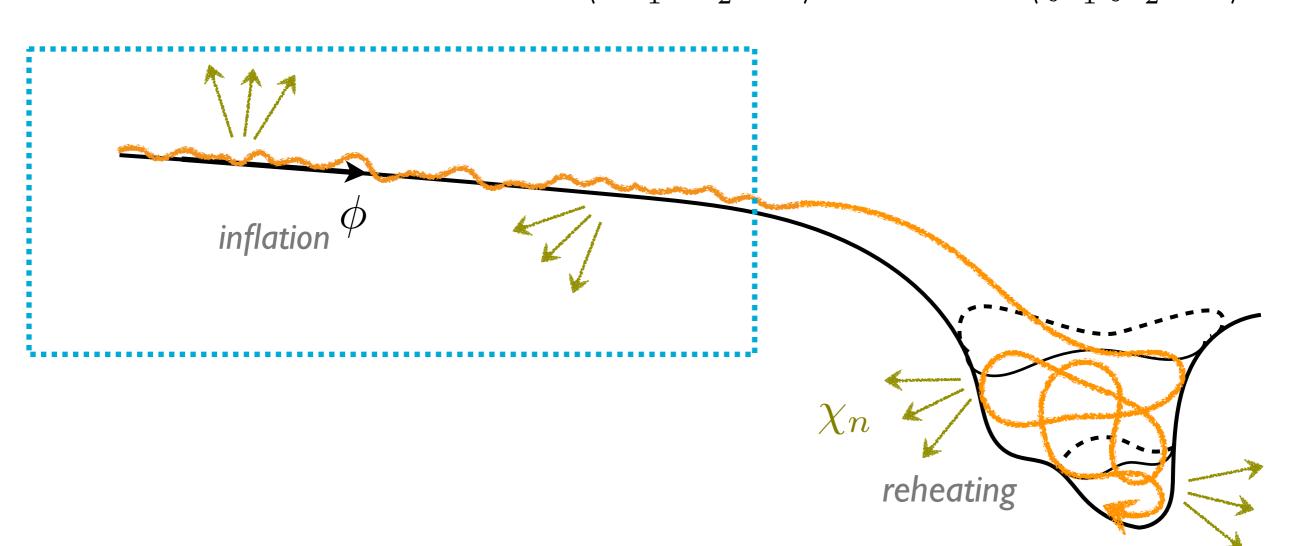


WORKINGS

applications: inflation

MA, Baumann, Carlsten & Green (in progress)

background dynamics \rightarrow particle production \longleftrightarrow curvature fluctuations $\langle n_{k_1} n_{k_2} \ldots \rangle$ $\langle \zeta_{k_1} \zeta_{k_2} \ldots \rangle$





combine particle production & EFT with driving and dissipation

Nacir, Porto, Senatore, and Zaldarriaga Green, Horn, Senatore, and Silverstein

$$\mathcal{L} = \mathcal{L}_{\rm sr} - m^2 (t + \pi) \chi^2$$

Goldstone boson $\ \zeta = -H\pi$

$$\left(\partial_t^2 + 3H\partial_t + \frac{k^2}{a^2}\right)\pi = \frac{dm^2}{dt}\chi^2$$

source



$$(\chi^2)_S \equiv \langle \chi^2 \rangle_{\pi=0}$$

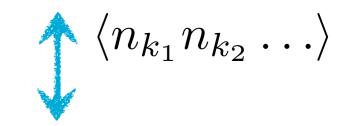
linear response

$$(\chi^2)_R \equiv \int^t dt' G_{\text{ret}}^{\langle \chi^2 \rangle}(t, t') \pi(t')$$

background dynamics



particle production



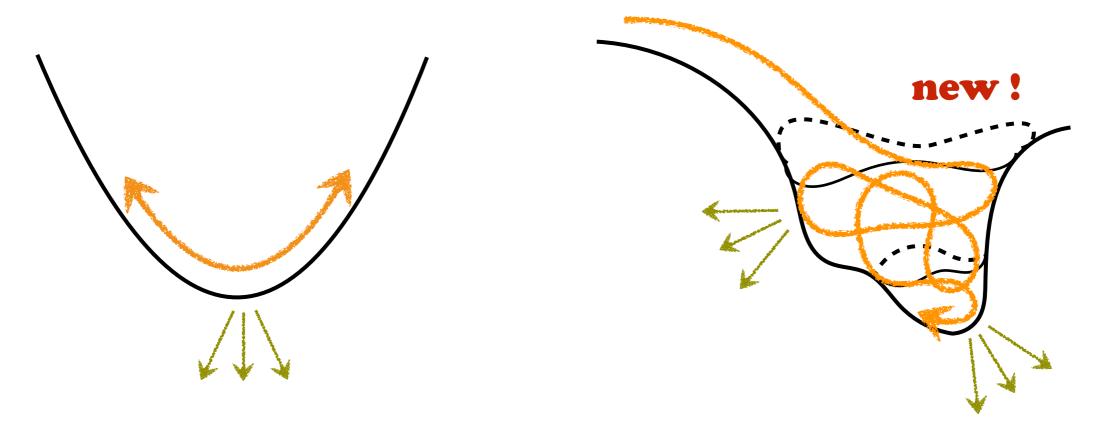
curvature fluctuations

$$\langle \zeta_{k_1} \zeta_{k_2} \ldots \rangle$$

MA, Baumann, Carlsten & Green (in progress)



applications: reheating



Kofman, Linde & Starobinsky (1994, 97)
Traschen & Brandenberger (1995)
Zanchin et. al + Bassett (1998) [noise added]

model-insensitive description of a complicated reheating process.

related work: condensed matter + cosmology

Anderson

Absence of diffusion in certain random lattices (1957)

Mello, Pereyra Kumar Macroscopic approach to multichannel disordered wires (1987)

C. Beenakker, Random matrix theory of quantum transport (1997)

C. Muller and D. Delande,
Disorder and interference: localization phenomena
(2010)

Kofman, Linde & Starobinsky (1994, 1997)

Traschen and Brandenberger (1997)

Bassett (1998)

Zanchin, Maia, Craig & Brandenberger (1998)

Nacir, Porto, Senatore and Zaldarriaga (2012)

Marsh, McAllister, Pajer, Wrase (2013)

Green (2015)

Dias, Fraser & Marsh (2016)

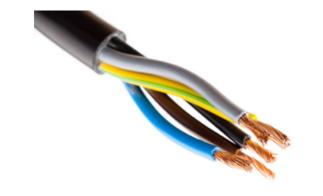
+ many works on particle production during and after inflation.

diverse collaboration(s) for a diverse problem

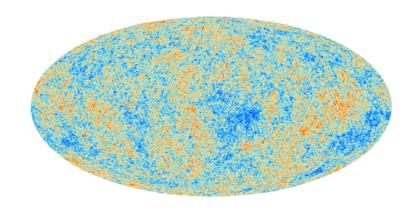


complex enough models: summary

- statistical tool for theoretical complexity
- simplicity & hints of universality
- observed simplicity in spite of underlying complexity?



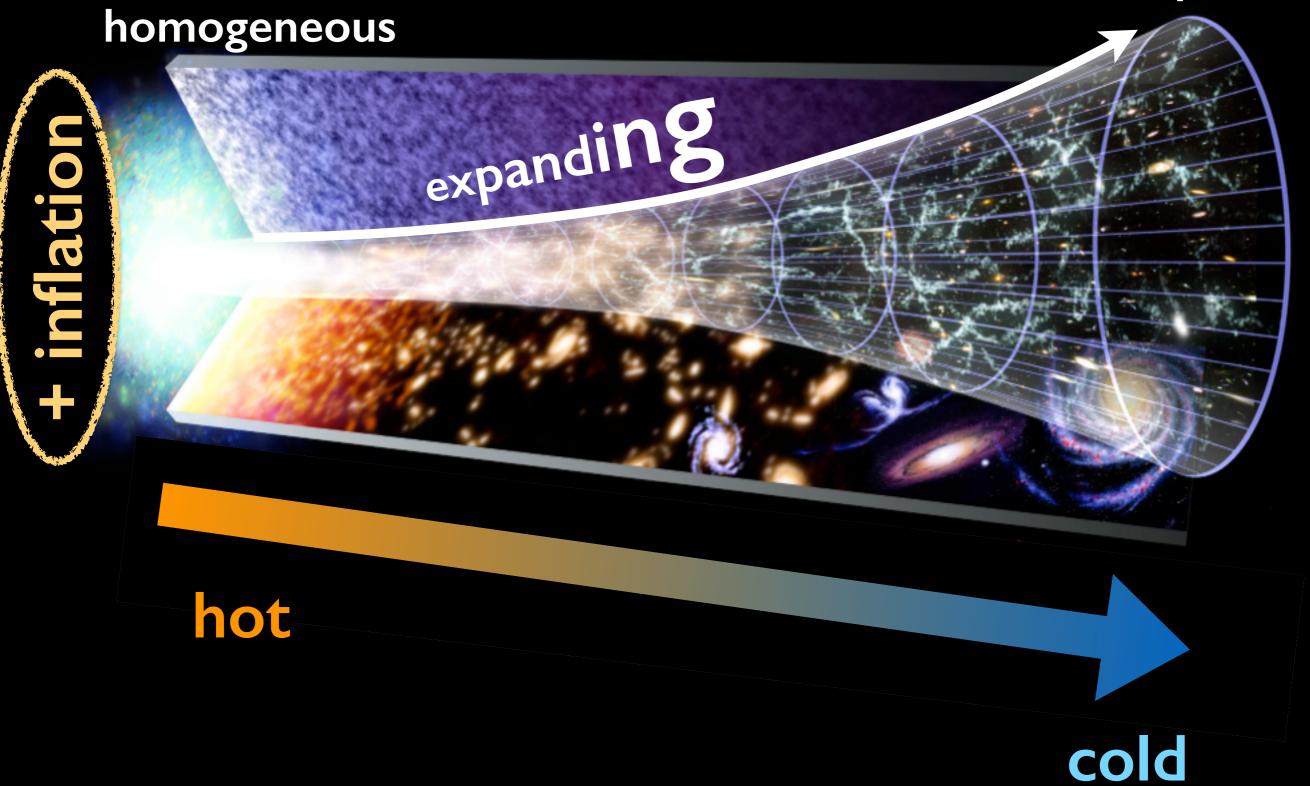




ORIGINS?

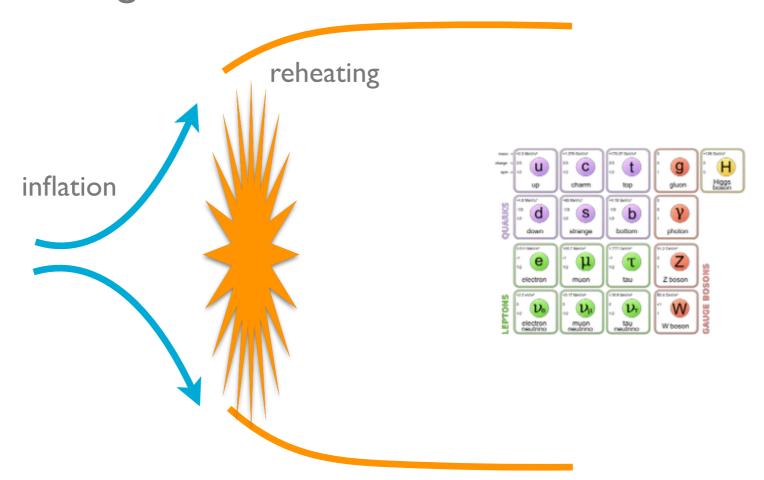
Inflationary Cosmology

lumpier



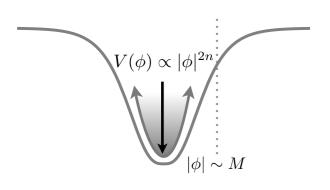
outstanding theory questions

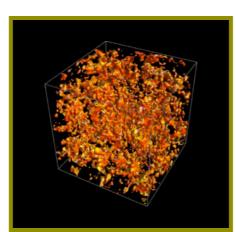
- what is the physics of inflation?
- how did the universe get populated with particles after inflation? (reheating)
- connecting with the standard model?

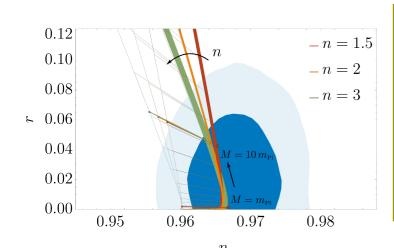


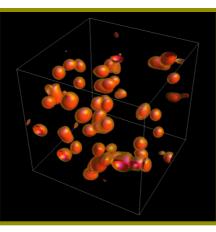
our origins: two approaches

SIMPLE enough



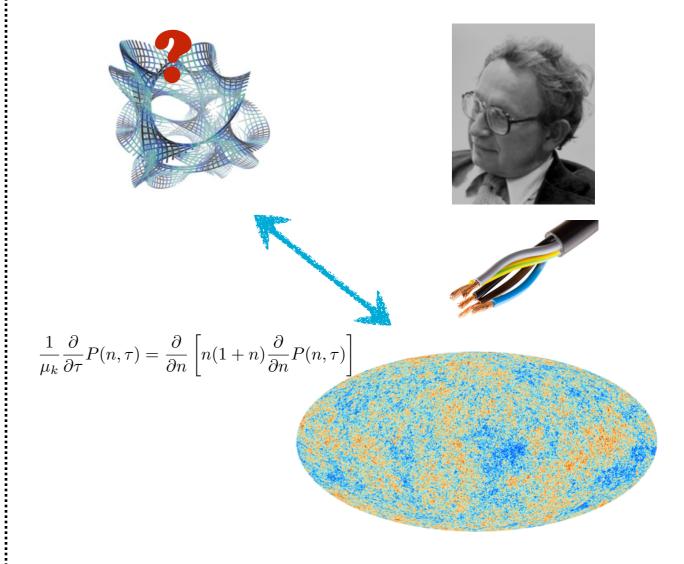






$$\Delta N_{
m rad} \sim egin{dcases} 1 & M \lesssim 10^{-2} m_{
m Pl} \,, \ rac{n+1}{3} \ln \left(rac{\kappa}{\Delta \kappa} rac{10M}{m_{
m Pl}}
ight) & M \gtrsim 10^{-2} m_{
m Pl} \,. \end{cases}$$

COMPLEX enough



inflation Thanks! reheating $10^{16} \, \mathrm{GeV}$ TeV MeV eV